

**ELIGIBILITY FOR PARTICIPATION :** The workshop is open for Post Graduate Psychologists, School Counsellors, Teachers and some invited parents as well.

**CERTIFICATE AND MATERIAL :** All the participants of the workshop will receive materials for assessment and interventions carefully designed to work with children. Only those with complete attendance will be issued certification.



**Fee :** Rs. 3,000/- (E.B. Registration), Rs. 3500/- (Spot Registration). The amount to be paid to the Coordinator, School of Mental health by Cash, Demand Draft or Cheque drawn on any bank payable at New Delhi.

**Accommodation :** Limited and shared accommodation is available for Rs. 400/- per day for out station participants.

**N.B. :** It is highly recommended that outstation participants use the accommodation at Vimhans since seminar timings may make travelling during late hours a challenge.

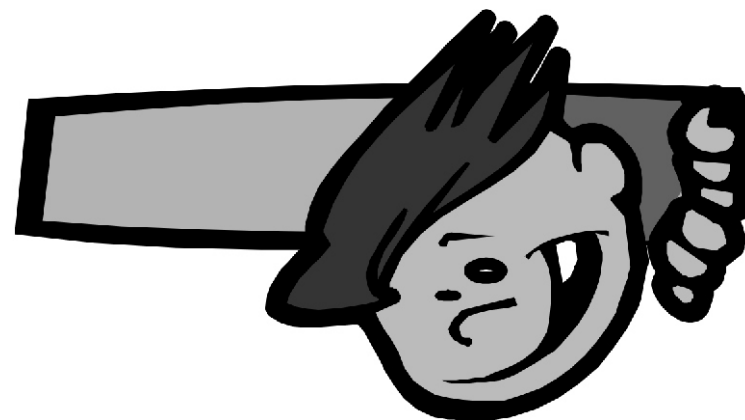
**Contact Address for Registration :** For registration and further information about the workshop please contact :

Coordinator for workshop on child mental health  
Dr. Monalisa Palit, School of Mental Health, Vimhans  
E-mail : monalisapalit@hotmail.com

**Mailing Address: School Of Mental Health - Vimhans**  
No. 1, Institutional Area, Nehru Nagar, New Delhi-110065,  
Tel. : 011 - 29849010 - 9020  
Email: academicinfo@vimhans.com, reg.edu.psych@vimhans.com

Contact Person for enquiries & clarifications :  
Mr. Sunil : 9911295908, 9818799559

## *Child & Adolescent Workshop Series*



# Behavioral Issues in Children with Special Emphasis on : Play Therapy

7<sup>th</sup>, 8<sup>th</sup> & 9<sup>th</sup> Dec.'09



**SCHOOL OF MENTAL HEALTH**  
**Vidyasagar Institute of**  
**Mental Health & Neurosciences**

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**INTRODUCTION :** Within each child is a powerful inclination to continuously strive towards independence and self direction.

In the process children learn to love & hate; fight & make peace.

They can at times be delightfully happy or despairingly sad. (Virginia Axline, 1969).

More than ever before children are exposed to a wide range of emotions in which he / she is both humble & proud, courageous & afraid, dominant & submissive, curious & satisfied, eager & indifferent.

**WHY?** The impact of the forces of life, the interaction of individuals around them & the very nature of his / her being, bring about this constantly changing integration within the child.

It is true that the dynamics of life are increasingly complex, that experiences, attitudes and thoughts of every child are constantly changing in relation to the interplay of psychological & environmental forces.

When there is a barrier or a block to this growth, due to the pressures from the environment; various types of emotional upheaval are experienced & manifested in maladjusted behaviour - such as daydreaming, withdrawal, compensation, aggression, projection, regression, repression....

**METHODOLOGY :** The current workshop will focus on this roller coaster of emotional development in children -- a spiraling process of experiences that is constantly changing the child's perspective & focus. Everything is evolving, interchanging & assuming varying degrees of importance to the child in the light of the reorganization & integration of his attitude, thought & feelings.



## OVERVIEW OF WORKSHOP & SCHEDULE :

To be specific, Behavioral and Conduct Issues will be addressed resulting from :

- ✓ The various stages of emotional development in a child's life.
- ✓ The changing pattern of play activities associated with each phase of development.
- ✓ Impact and interplay of various environmental factors on the child's personality.
- ✓ Various manifestation of child's maladjusted behaviour and the ways to identify them.

Practical Training in administration, qualitative analysis & interpretation will be provided for the following assessment tools.

- ✓ House-Tree-Person Drawings. (H-T-P Drawings)
- ✓ Sentence Completion.

Theoretical inputs & hands on experience will be given for two contrasting but complementing therapeutic approaches.

- ✓ Directive counselling process.
- ✓ Non-directive Play Therapy.

Fees : **Rs.3000/- (E.B.), Rs. 3500/- (Spot Registration)**

Dates : The workshop is on 7<sup>th</sup>, 8<sup>th</sup> and 9<sup>th</sup> Dec.'09

Duration: 11.30 am. to 5.30 p m.

Venue : **Vimhans Hospital**

Faculty : **Dr. Monalisa Palit**, Ph.D. (Sydney)

**Ms. Anuradha Kumar**, Msc. Diploma in Play therapy (U.K.)