



Dr. Vrushti Bharat Patil

Consultant Psychiatrist



Contact

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+91 940 348 1576

Shree Krishna Nursing Home,
Dongargaon road,
Shahada-425409, Dist:
Nandurbar



Education

- **MBBS**
BJ Medical College, Pune
Completed in 2016
- **MD Psychiatry**
Mahatma Gandhi Institute of Medical Sciences, Sevagram
Completed in 2022
- **DNB Psychiatry**
IHBAS Delhi
Completed in 2023



Skill

- Diagnostic Skills
- Therapeutic Skills
- Risk Assessment
- Interpersonal Skills
- Professional Skills

Profile

A competent and team-spirited psychiatrist with over a year of experience in effectively treating patients with a wide range of conditions, including substance use disorder, schizophrenia, depression, anxiety disorders, and OCD. Proficient in prescribing medications and providing counseling services. Demonstrates exceptional diagnostic skills, empathetic communication, and a commitment to ethical practice and continuous professional development. Known for collaborative teamwork and a patient-centered approach, dedicated to improving mental health outcomes.

Work Experience

○ Sep 2023- Present
Ankur Rehab Centre, Indore

Junior Consultant in Psychiatry

- **Patient Assessment:** Conduct comprehensive evaluations of the patient's mental health status and psychosocial needs.
- **Treatment Planning:** Develop and implement individualized treatment plans focusing on psychosocial rehabilitation.
- **Therapeutic Interventions:** Provide evidence-based therapeutic interventions, including psychotherapy and group therapy.
- **Medication Management:** Prescribe and monitor psychiatric medications as needed.
- **Collaboration:** Work closely with a multidisciplinary team to coordinate care and ensure holistic treatment.
- **Family Involvement:** Engage families in the treatment process and provide education and support.
- **Documentation:** Maintain accurate and detailed patient records.
- **Continuous Learning:** Participate in ongoing education and training to stay updated on best practices in psychosocial rehabilitation.

○ July 2022 - July 2023
Mahatma Gandhi Institute of Medical Sciences,
Sevagram

Senior resident in Psychiatry

- **Clinical Supervision:** Guide junior residents and medical students in patient care.
- **Patient Management:** Conduct assessments, develop treatment plans, and manage complex psychiatric cases.
- **Medication Management:** Prescribe and monitor psychiatric medications.
- **Therapeutic Interventions:** Provide psychotherapy and counseling services.
- **Interdisciplinary Collaboration:** Work with a multidisciplinary team to ensure comprehensive care.
- **Administrative Duties:** Participate in meetings case discussions, and maintain accurate patient records.
- **Education and Training:** Teach and mentor junior staff and engage in continuous professional development.

Reference

Dr. K. K. Mishra

HOD, Department of Psychiatry
Mahatma Gandhi Institute of Medical
Sciences, Sevagram, Wardha.

Phone: +91 942 351 5803

Email : kmishra@mgims.ac.in

Dr. Harshal Sathe

Associate Professor, Department of
Psychiatry

Mahatma Gandhi Institute of Medical
Sciences, Sevagram, Wardha.

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Dr. Srikanth Reddy

Senior Consultant Psychiatrist

Ankur rehab Centre, Indore

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Dr. Himanshu Mansharamani

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Dr. Vivek Kirpekar

HOD, Department of Psychiatry

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Courses and Awards



2nd to 4th October 2020

Poster Presentation for Dr. I. K. Mujawar
Poster Session held during 51st Annual
Virtual Conference of "Indian Psychiatric
Society, Western Zonal Branch



December 2020

Basic Course in Biomedical Research



24th to 26th March 2022

Poster Presentation for Professor M.
Murugappan Poster Session II award at 73rd
Annual National Conference of Indian
Psychiatric Society, Visakhapatnam



Additional Responsibilities



MC and scientific committee member for
PG-CME IPS Western Zone on 22nd-23rd
December 2021



MC and scientific committee member for
National CME: Geriatric Mental Health on
10th October 2022

Updated List of Publications:

- **Title:** Clinical features and outcomes in Acute Transient Psychotic disorder: A retrospective analysis
Authors: Kshirod K Mishra, **VrushtiPatil**, HarshalSathe, Ahmed Reshamvala
Type: Original Article
Journal: Industrial Journal of Psychiatry
Details: Accepted for publication
Author: Second
- **Title:** Effects of Lockdown On Sleep pattern in the general population during COVID-19 pandemic
Authors: Kshirod Mishra, Ahmed Reshamvala, HarshalSathe, **VrushtiPatil**
Type: Original Article
Journal: Indian Journal of Sleep Medicine
Details: Accepted for publication
Author: Fourth
- **Title:** Substance Use patterns among the hospitalized patients of bipolar affective disorder from a rural medical college in Central India
Authors: Ahmed Reshamvala, Kshirod Mishra, HarshalSathe, **VrushtiPatil**
Type: Original Article
Journal: Annals of Indian Psychiatry
Details: Accepted for publication
Author: Fourth
- **Title:** Clinical features and outcomes in Acute Transient Psychotic disorder: A retrospective analysis
Authors: Kshirod K Mishra, **VrushtiPatil**, HarshalSathe, Ahmed Reshamvala
Type: Abstract published for paper presentation at the Annual National Conference of the Indian Psychiatric Society
Journal: Indian Journal Of Psychiatry
Details: 2022 March; 64(Suppl 3): S539
Author: Second
- **Title:** Clozapine-Induced Hypertension
Authors: **Vrushti Bharat Patil**, Kshirod Kumar Mishra, Sally John, Ahmed MushtaqReshamvala
Type: Case Report
Journal: Annals of Indian Psychiatry
Details: Pg No: 181 Year: 2022 Volume 6 Issue 2
Author: First

○ **Title:** Excessive daytime sleepiness and sleep quality in medical students and their association with smartphone and internet addiction: A cross-sectional study

Authors: HarshalShriramSathe, Anantprakash Siddharthkuma r Saraf, Manoj Talapalliwar, **VrushtiPatil**, Vinay Kumar, SagarKaria

Type: Original Article

Journal: Annals of Indian Psychiatry

Details: Pg No: 139 Year: 2021 Volume 5 Issue 2

Author: Fourth

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