

KRITIKA AHUJA

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Professional Summary

Clinical Psychologist specializing in assessments, planning, and evidence-based treatment delivery. Strong background in practical applications.

Skills

- Conducting Psychometric Assessments
- Listening Skills
- Interpersonal Communication
- Therapy and counseling

Experience

05/2024 - Current

Clinical Psychologist, **Sri Aurobindo Society**, New Delhi

- Designing screening tools for teachers, for the purpose of identifying children who are at risk for neurodevelopmental disorders.
- Designing intervention plan for teachers, i.e., the strategies that can be adopted to deal with special needs children.
- Conducting sessions, making the teachers familiar with project inclusion, special needs children, various neurodevelopmental disorders, as well as helping them understand the purpose of screening such students.
- Dealing with children with neurodevelopmental disorders, conducting psychometric assessments.
- Providing psychometric assessment reports and educating the parents regarding the child's problem.
- Taking counseling sessions for both parents and children.

01/2024 - 04/2024

Developmental Psychologist, **Angels Foundation**, Gurgaon, Haryana

- Involved in dealing with special needs children, specifically children with autism and ADHD.
- Conducting Psychometric Assessment and educating parents regarding the child's needs and further steps that can be taken at home to aid the child's development, other than professional therapy.
- Compilation of Reports.
- Counseling and providing therapy to children and adolescents.
- Conducting one-on-one play therapy sessions for kids dealing with emotional and conduct problems.

09/2020 - 09/2020

Clinical Psychology Intern, **Healthy Minds World**

- The internship focused on taking Case History and Mental Status Examination, and getting familiar with the diagnostic criteria of various Personality Disorders.

07/2020 - 07/2020

Clinical Psychology Intern, **Cognizavest**

- The internship focused on learning Assessments across disorders which included both

intelligence and personality assessments

01/2020 - 03/2020

Clinical Psychology Intern, **Continua Kids**, Gurgaon

- Observation of children in the OPD with a psychiatrist and a clinical psychologist.
- Learned Assessments like Malin's Intelligence Scale for Indian Children, Vineland Social Maturity Scale, Indian Scale for Autism Assessment, and Binet-Kamat Test of Intelligence.
- Observation of Speech therapy, Applied Behavior Analysis, and Occupational therapy.

08/2019 - 09/2019

Clinical Psychology Intern, **Manthan Psychiatric Centre**, Gurgaon

- Observed psychiatric cases in the OPD with a psychiatrist.
- Case History Taking and Mental Status Examination.
- Intelligence Testing and Personality Assessment.

06/2017 - 07/2017

Clinical Psychology Intern, **Fortis Memorial Research Institute**, Gurgaon

- Case history taking and Mental Status Examination.
- Intelligence Testing.
- Observed Cancer Patients in IPD as a part of psycho-oncology.
- Observed patients in OPD with a psychiatrist.

Education

01/2023

M. PHIL, CLINICAL PSYCHOLOGY

Shree Guru Gobind Singh Tricentenary University, Gurgaon

GPA: 70%

01/2021

MA, CLINICAL PSYCHOLOGY

Amity University, Noida

GPA: 77.6%

01/2019

BA (H), APPLIED PSYCHOLOGY

Amity University, Noida

GPA: 72.10%

01/2016

12TH

CBSE (Salwan Public School), Gurgaon

GPA: 78.4%

01/2014

10TH

CBSE (Salwan Public School), Gurgaon

GPA: 7.2

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- Qualified UGC NET Examination in Psychology
 - Awarded the Best Paper Presentation Award in a conference at Cognizavest, Delhi

Accomplishments

Paperpresentatio
ns

Effect of Emotional Intelligence on job satisfaction and work motivation on government and Private Sector Employees, Conference organised at Cognizavest, Delhi

Languages

English, Advanced

Volunteer
Experience

Donate an Hour, Gurgaon, Teach Students of Class 3 and 4

Hobbies And
Interests

- Studied Foreign Language Japanese (Beginner)
- Studied Foreign Language German (Beginner)
- Participated in Military Training Camp
- Participated in National Level Essay Writing Competition at Kabi Sukanta Mahavidhyala, West Bengal on the topic 'Socio-economic Impact of Lockdown on the lives of Common People of India'
- Presented a Paper on 'Effect of Emotional Intelligence on job satisfaction and work motivation among Government and Private sector employees' at Cognizavest and was awarded the best paper as well as the best paper presentation award.
- Member of Organizing Committee at 49th National Annual Conference of NAIACP Organized at SGT University, Gurugram.
- Volunteered in Donate an hour, Gurgaon (NGO). My Role was to teach students of Class 3 and Class 4.

Projects

Effect of emotional intelligence on job satisfaction and work motivation among government and private sector employees
Neuroticism and self-esteem as predictors of depression among young adults
Relationship among neuroticism, Social Anxiety and Achievement motivation in young adults