

# Ananya Singh

## Clinical Psychologist

📞 9130571486 @ ananya.singh.4153@gmail.com 📍 Delhi, India

### SUMMARY

Compassionate and detail-oriented Clinical Psychologist with a strong foundation in psychological assessment, diagnostic skills, and structured intervention planning. Experienced in conducting client-focused evaluations and developing tailored therapeutic approaches based on individual needs. Committed to ethical practice, building meaningful therapeutic relationships, and delivering evidence-based mental health care in both private and government clinical settings.

### EXPERIENCE

#### Research Assistant Intern

Seva Sahayog Foundation 03/2021 - 06/2021 Pune

Nonprofit organization focusing on empowerment and support for individuals with disabilities

- Created a questionnaire to interview parents of children with issues of Cerebral Palsy, ADHD, and Down Syndrome
- Translated the questionnaire to Marathi
- Conducted interviews with parents via Zoom and analyzed common themes
- Presented the research findings at a conference

#### Practicum Intern

Vidula Psychological Consultancy 02/2021 - 03/2021 Pune

Psychological consultancy offering mental health services

- Observed a variety of clinical cases as a shadow psychologist
- Took detailed case histories and discussed differential diagnoses
- Collaborated on treatment courses with the chief psychologist

#### Shadowing Intern

Samyak Rehabilitation Center 12/2018 - 02/2019 Pune

Rehabilitation center focusing on mental health treatment

- Interacted with patients suffering from schizophrenia and substance use disorders
- Conducted group activities for patient engagement
- Observed counseling sessions with a licensed psychologist

### EDUCATION

#### M.Phil in Clinical Psychology

ABVIMS & Dr. RML Hospital

01/2023 - 01/2025 New Delhi, India

#### Master of Arts in Psychology (Clinical)

Fergusson College

07/2019 - 05/2021 Pune, India

#### Bachelor of Arts (Psychology Major)

Fergusson College

07/2016 - 05/2019 Pune, India

#### Grade 12 (Arts) HSC

Symbiosis College of Arts & Commerce

07/2015 - 05/2016 Pune, India

#### Grade 10 CBSE

DAV Public School, Aundh

06/2013 - 05/2014 Pune

### LANGUAGES

English

Native



Hindi

Native



### SKILLS

**Psychological Assessment & Diagnosis**

**Report Writing**

**Communication and Empathic Listening**

**Individualised Intervention Planning**

**Time Management**

**Report Building**

**Client-Centered Care**

### PROJECTS

#### Psychometry and Interventions

01/2020 - 12/2020 Pune

Various projects focused on mental health and psychometrics during bachelors and masters degree-

- Developed a Psychometric Tool on Conformity
- Constructed a Psychometric Tool on Body Image Satisfaction
- Conducted an Intervention on Stress Management caused by Daily Hassles.
- Ran a Mental Health based Helpline during COVID-19

### INTERESTS

🎵 Singing and Listening to Music

🍳 Cooking

★ Reading Books

💡 Watching Movies

### CERTIFICATION

Rational Emotive Behavior Therapy (REBT) Level 1 Certificate Course

Rational Emotive Behavior Therapy (REBT) Level 2 Certificate Course

Cognitive Behavioral Therapy (CBT) Level 1 Certificate Course

Workshop on Dialectical Behavior Therapy

Course on Grief Counselling