



Objective

To work and learn in a progressive organization, contribute to organizational as well as personal growth. To apply the knowledge acquired through my educational qualification and from my previous work experience to an organization.

Experience

Clinical Psychologist- 23rd August 2024 to Present Date

Orkids Multidisciplinary Clinic, Kalkaji, New Delhi- 110019

- Conducted thorough psychological assessments and evaluations to understand children's mental health concerns and develop individualized treatment plans.
- Administered a variety of psychological tests and assessments, including cognitive assessments, developmental screenings, and behavioral evaluations, to gather essential data for diagnosis and intervention.
- Provided one-on-one therapy and counseling sessions to children, employing evidence-based therapeutic techniques and interventions suited to their developmental level and specific emotional needs.
- Collaborated with a multidisciplinary team, including Occupational therapists, Physiotherapists, speech therapists, and Special-educators, to ensure the implementation of comprehensive and coordinated care plans.

Psychologist- 03rd July 2019 to 19th July 2022

West Delhi Psychiatry Centre, Janakpuri, New Delhi-110058

- Conducted comprehensive psychological assessments and evaluations to determine clients' mental health conditions and develop appropriate treatment plans.
- Administered various psychological tests and assessments, including intelligence tests, personality inventories, and behavioral assessments, to gather relevant data for diagnosis and treatment.
- Provided individual therapy and counseling sessions to clients, utilizing evidence-based therapeutic techniques and interventions tailored to their specific needs.
- Collaborated with a multidisciplinary team of healthcare professionals, including psychiatrists, social workers, and nurses, to coordinate and implement comprehensive treatment plans.
- Conducted group therapy sessions to facilitate interpersonal growth, support, and skill development among clients with similar needs or conditions.
- Provided psychoeducation to clients and their families, delivering information about mental health conditions, treatment options, and coping strategies.

Educational Qualification

- M. Phil. Clinical Psychology, Amity University, Lucknow, U.P. (2024)
- P.G. in Psychology from Banaras Hindu University, Varanasi, Uttar Pradesh (2019)
- B.sc in Mathematics, Physics, and Psychology from Deen Dayal Upadhyay Gorakhpur University, Gorakhpur, Uttar Pradesh (2015)
- Intermediate from U.P. Board with Mathematics Group (2012)
- High school from U.P. Board (2010)

Other Certificates

- Presented dissertation paper at the 50th National Annual Conference of 'Indian Association of Clinical Psychologists (IACP) titled "Self-Concept, Social Anxiety and Emotional Regulation among Congenital and Acquired Locomotor Disabilities".
- A Case Study Report Presentation in the 2nd Anju Nagaur Memorial Oration and Best Paper Award Organized by Amity University, Lucknow Campus.
- Got 1st Position in *Psycho Quest*, at the College level Organized by D.A.V. PG College, BHU, Varanasi.
- Participated in a state-level seminar on: "Feeling Good and doing well- A Promotive Intervention module for Youth."
- Participated in the National Workshop on "Psychological Assessment, and person enrichment by Banaras Hindu University. Received practical training in Intelligence Testing, Hypnosis, Cognitive Drill Therapy, Mild fullness based Cognitive Therapy, CBT, and Rorschach Inkblot Test.
- Participated in National Workshop on "Treatment and Management of Psychological Trauma: EMDR AND OTHER TECHNIQUES".

Significant Strength

- Treatment planning
- Confidence to take on new responsibilities
- Good listening skills
- Ability to relate to and empathize with a range of people

Personal Info

- Full Name : Himansu Kumar Srivastwa
- D.O.B : 14/11/1997
- Father's Name : Mr. Manoj Kumar Srivastwa
- Mother's Name : Mrs. Madhu Bala Srivastwa
- Language Known : Hindi & English
- Marital Status : Unmarried
- Hobbies : Playing Chess and Cricket
- Current Address : 1141, F Block, 6th Avenue, Gaur city 1, Greater Noida, Uttar Pradesh

