



# PAULINE PALMU BHUTIA



✉: paulinepalmu@gmail.com | 📞: 7432042966 | Age: 23 | Female  
Address: Upper Tadong, Gangtok, East Sikkim

## ACADEMICS

Qualification	Institute	Board / University	Year	% / CGPA
BA+MA (Clinical Psychology) - Integrated XII	Amity Institute of Psychology & Allied Sciences (AIPS)	Amity University	2023	6.72 CGPA
XII	Dr. Grahams Homes, Kalimpong, West Bengal	ISCE	2018	78.5%
X	Dr. Grahams Homes, Kalimpong, West Bengal	ICSE	2016	70%

## CERTIFICATIONS / PUBLICATIONS

- **Published Research Paper** titled “A Qualitative Analysis of NED Psycho-Oncology: Mental Health and Well Being of Cancer Survivors and Their Primary Caregivers” in Journal of Management & Entrepreneurship. (2023)
- Online certificate course on introduction to Special Education by Fortis Hospital Department of Mental Health and Behavioural Sciences. (2021)
- Six Months Diploma course at the National Institute of Fine Arts, New Delhi. (2018)

## INTERNSHIPS / PROJECTS / LIVE PROJECTS

<b>Gems Modern Academy, Dubai.</b> June - July 2023	<ul style="list-style-type: none"><li>• Worked closely with a student with Autism as a shadow teacher.</li><li>• Actively completed my tasks in the Learning Support Unit (LSU) under the supervision of the Head Special Educator.</li><li>• Headed tasks with artistic necessities various events/functions of the school with the Arts Department.</li></ul>
<b>Rebuilding Minds, Vasant Kunj, New Delhi.</b> January - March 2023	<ul style="list-style-type: none"><li>• Interned under Vishaka Rathi (Director/Psychologist) and Dr. Anubha Dubey (Sr. Clinical Psychologist).</li><li>• Engaged in in-depth case discussions and any other tasks as directed by the supervisors.</li></ul>
<b>Bethesda Graceland Academy, Kathmandu, Nepal.</b> June-July 2022	<ul style="list-style-type: none"><li>• Academic intern under Ms. Tshring Angie Denzongpa-Katuwal, Principal/Special Educator (ASD)</li><li>• Aided the staff with everyday activities of the children in advancing their cognitive skills.</li><li>• Learned first hand experience on play therapy and art therapy.</li><li>• First hand experience in interaction with the parents on psycho-educating them about early interventions and related topics.</li></ul>
<b>MindSpeak, Counselling and Mental Health Services, Gurugram.</b> June 2021	<ul style="list-style-type: none"><li>• Psychoeducational intern under Ms. Leenoor N. Foning (Counselling Psychologist, Founder/Director).</li><li>• Assisted in the activity related to EQ &amp; YOU, conducted worksheets for children, fun story reading and other activities.</li><li>• Engaged in case studies and roleplay, designed and delivered a mock psychoeducational workshop.</li><li>• Provided support in development and delivery of the social emotional learning classes held for children.</li></ul>

## POSITIONS OF RESPONSIBILITY

<b>President, Symphonia, Western Music Society of AIPS, Amity University.</b>	<ul style="list-style-type: none"><li>• Prepared the team for inter college competitions.</li><li>• Actively organised events in college.</li><li>• Headed the fund-raising team in collaboration with the university music club.</li></ul>	2019-23
<b>Member, Sikkim Students Association, New Delhi.</b>	<ul style="list-style-type: none"><li>• Represented Sikkim in various events.</li><li>• Organised events to familiarise people with the customs and traditions of Sikkim.</li></ul>	2018
<b>School Prefect, Grade 12, Dr. Grahams Homes.</b>	<ul style="list-style-type: none"><li>• Selected among 500 students to represent the school in interschool functions at state level.</li><li>• Responsible for maintaining discipline among students during school hours in absence of authority.</li></ul>	2017

## EXTRA CURRICULAR ACTIVITIES

<b>Creative Art</b>	<ul style="list-style-type: none"><li>• Self-organized and headed three-day online art therapy workshop for 4-13 age group. 2021</li><li>• Invited to head a Virtual water color and art and craft workshop organized by Takste International School Sikkim 2021</li><li>• Self-organized virtual summer camp for children aged 4-14, activities included arts and craft, baking, dance and music etc. 2021</li></ul>
<b>Interests/Hobbies</b>	<ul style="list-style-type: none"><li>• Painting, Baking, Photography, Singing</li></ul>