

Ginni Sharma

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Website, Profiles

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PROFESSIONAL SUMMARY

- Compassionate Clinical Psychologist committed to serving patients. Polished in interviewing individuals to identify psychological needs. Demonstrated history of building a strong rapport with patients while maintaining appropriate boundaries.
- Well-versed in various psychological therapy techniques.
- Expertise in administering, scoring and interpreting psychometric tests of personality, psychopathology, and intelligence.
- As a therapist, I envisage creating a safe space for clients where they can grow at their own pace and be accepted for their capabilities and uniqueness.

EDUCATION SUMMARY

King George's Medical University, Lucknow

M.Phil.: Clinical Psychology,
Sep 2019- Dec 2021

UGC- NET Qualified, 2016

Psychology

Department of Psychology, Faculty of Arts,

M.A.: Clinical Psychology, University of Delhi, Delhi
Jul 2014 – May 2016

Gargi College

B.A.: Psychology, University of Delhi, Delhi
Jul 2011- May 2014

ACCOMPLISHMENT

Articles published in Journals

- *Long-Term Changes in the Quality of Media Reporting of Suicide Following a Celebrity Suicide in India*
- *Online media reporting of prisoner's suicide in India during 2011 to 2021*
- *Suicide reporting of LGBTQI+ population in India: An analysis of online media reports of the past decade.* Journal of Public Health, Oxford Academic

- *Mental health and legal implications of child pornography during COVID-19 pandemic lockdown: "How safe are our children?"* Indian Journal of Health, Sexuality & Culture, IISB, India
- *Problematic use of technology among LGBTQ people.* Indian Journal of Health, Sexuality & Culture, IISB, India.
- *Changing trends in quality of media reporting of suicide in the community following a celebrity suicide in India.* Australian and New Zealand Journal of Psychiatry, SAGE Journals
- *Is there any link between celebrity suicide and further suicidal behaviour in India?* International Journal of Social Psychiatry, SAGE Journals
- *Quality of media reporting following a celebrity suicide in India.* Journal of Public Health, Oxford Academic
- *Impact of COVID-19 and Lockdown on Mental Health of Children and Adolescent: A Narrative View.* Psychiatry Research, Elsevier
- *Pandemic Induced Depression through the lens of various psychological concepts.* International journal of Indian Psychology (IJIP)
- *Burnout: A risk factor amongst mental health professionals during COVID-19.* Asian Journal of Psychiatry, Elsevier

WORK HISTORY SUMMARY

Clinical Psychologist | Command Hospital (Northern Command)

Udhampur, J&K
June 2024 - Present

Private Practice | Clinical Psychologist

Location- Remote
January 2022 – Present

- Conducting thorough psychological assessments to diagnose and develop treatment plans for diverse clientele.
- Providing individual therapy utilizing a variety of therapeutic modalities tailored to clients' needs.
- Specializing in CBT and DBT.
- Collaborating with healthcare professionals and community resources to enhance overall client care.
- Successfully growing the client base through word-of-mouth referrals and marketing strategies.

Associate Research Fellow | DARC, Delhi Legislative Assembly

New Delhi, India
1st April 2022 - 31st March 2023

- Facilitating Hon'ble Members of Assembly and other officers to contribute to the policy/ data repository for use by policymakers. Conduct fieldwork for implementation and impact assessment. Coordination and communication between various departments.

School Counsellor | Government Schools (North Zone)-IEWS

New Delhi

January 2022-March 2022

- Screening, diagnosing and planning intervention of intellectual disability and mental health conditions among government school children in north district of Delhi.

Clinical Psychologist Trainee- King George's Medical University

Lucknow, U.P.

September 2019-december 2021

- specialized training in the diagnosis and psychological treatment of mental, behavioral and emotional illnesses.

Psychologist | Observation Home for Boys-II, Women and Child Development

New Delhi, India

September 2018 - April 2019

- Govt of Delhi through Expressions Children Homes Organizations of India with Juvenile population.
- Organized workshops for Juveniles on "Sexual Abuse and Awareness" in February, 2019.
- Organized workshop on "Importance of Mental health and well-being in Juvenile Home" for Juvenile Justice Board (JJB), November, 2018.

Intern | SAARTHAK, Apollo Hospitals

New Delhi, India

June 2015 - July 2015

CERTIFICATIONS

- Participated in 100th TNACP webinar on "Rehabilitation of Frontal Lobe Executive Dysfunction" By Prof. Jonathan Evans PhD, University of Glasgow, UK, August, 2020
- Participated in 3 days' workshop on "Cognitive Behavioural Therapy" conducted by Dr. Arun Gupta NTW NHS Foundation Trust, UK, November, 2019
- Participated in International Workshop on "Evidence based Formulation in Cognitive Behavioural Therapy" at All India Institute of Medical Science (AIIMS) 2015, New Delhi.
- Attended the Conclave on Mental Health Awareness: Living with Dignity conducted by the Mental Health Foundation of India and AIIMS, October 2015
- Participated in the community level cleanliness undertaking under "Swaccha Bharat Abhiyaan" by department of psychology, 2014.
- Exposure to process of scale construction, October, 2014 (drafted psychological assessment scales on honesty and emotional stability).
- Participated in the International Seminar on Indian Culture, Psychology and the Global Civilization: Emerging Perspectives" (2013) at Delhi University Campus.

- Secured Second Position in “Annual Young Entrepreneurs Workshop” organized by Entrepreneur and Small Business Association (2013).