



DR AAYUSH SRIVASTAV

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SUMMARY

Proficient in the field of Psychiatry, I excel in clinical decision-making and compassionate care. With notable achievements including national-level awards and research publications, my tenure at Kasturba Medical College, Mangalore, underscores my commitment to advancing psychiatry. My skills are further enhanced by a strong foundation in neurobiology, teaching and mentoring.

SKILLS

- Adult Psychiatry
- Neurobiology
- Addiction Psychiatry
- Teaching and mentoring
- Women Mental Health
- Clinical decision making
- Compassionate care
- Child and Adolescent Psychiatry
- Research and analysis

EXPERIENCE AND ACHIEVEMENTS

POSTGRADUATE RESIDENT, DEPARTMENT OF PSYCHIATRY, 02/2022 - 02/2025

Kasturba Medical College, Mangalore, India

- Won **2nd Prize** in “**Grand Rounds Webinar-National level Case Presentation Competition**” by **Indian Psychiatry Society (IPS) Speciality section on Women's Mental Health**, July 2023. **(National level)**
- Won **2nd Prize** in **Quiz Competition** at **National CME-Psychiatry Update 2023, Neuroimaging and Neurocognitive evaluation of Dementia**, Psychiatry Guild Manipal, Karnataka, India, November 2023. **(National level)**
- **Poster presentation** at **National Young Psychiatrists Conference "YPCON 2023"**, Bhopal, Madhya Pradesh, India, August 2023. **(National level)**
- **Poster presentation** at **KANCIPS 2023 by IPS-Karnataka Chapter** held at SN Medical College, Bagalkote, Karnataka, India, August 2023. **(State level)**
- **Poster presentation** at **Psychiatry Insight 2023 CME-CRE programme**, held at Kasturba Medical College, Mangalore, Karnataka, India. November 2023. **(National level)**
- **Research Paper presentation in National Level PG- CME "Womb to Tomb: Unravelling the Journey of Psychiatry"** at KS Hegde Medical Academy, Mangalore, Karnataka, July 2024. **(National level)**.
- Participated in **Debate Competition** held at “**Muller's PSYCON 2022**” at Father Muller Medical College, Mangalore Karnataka, India.
- Completed **Basic Course in Biomedical Research (BCBR)** by **National Programme on Technology Enhanced Learning (NPTEL)**, July 2023

- Completed **Basic Life Support and Advanced Cardiovascular Life Support (BLS/ACLS)** provider course, August 2024.
- Passed **MD Psychiatry degree exam** in First attempt, January 2025

POSTGRADUATE RESIDENT DOCTOR, 02/2022 - 02/2025

KMC Attavar Hospital, Attavar, Mangalore, India

Research Publications

1. "Neurological Conundrums: A case series on brain tumors masquerading as psychiatric disorders". Accepted for Publication in **Indian Journal of Psychological Medicine (IJPM)**
2. "Beyond the blues: A case report on depression as initial presentation of lung cancer with brain metastasis". Accepted for Publication in **Journal of Education and Health Promotion (Wolters Kluwer-Medknow)**
3. A Case Report on "Pisa Syndrome with Clozapine therapy in a young patient with Schizoaffective disorder". Accepted for Publication in **Psychiatria Danubina (Zagreb, Croatia)**
4. Original Research Article: "Prevalence of Sexual Dysfunction in Women: A Comparative Study of Antipsychotic Medication Users and Non Medicated Individuals". Under Review for Publication in **Journal of Pharmacy and Bioallied Sciences**

POSTGRADUATE RESIDENT DOCTOR, 02/2022 - 02/2025

Wenlock District Hospital, Hampankatta, Mangalore, India

MEDICAL INTERN, 04/2019 - 04/2020

KLE's Dr Prabhakar Kore Hospital, Belgaum, India

UNDERGRADUATE STUDENT, 09/2014 - 04/2019

Jawaharlal Nehru Medical College, Belgaum, India

- Won **2nd prize** in the **Anatomy Quiz** held at the **Department of Anatomy, JNMC Belgaum**, in November 2014.
- Won **1st prize** in the **Anatomy Quiz** held at the **Department of Anatomy, JNMC Belgaum**, in February 2015.
- Attended **Hands-on workshop in emergency medicine and CPR training** held at **JSS, Mysore**, in April 2016.
- Passed **Bachelor of Medicine and Bachelor of Surgery (MBBS)** in January 2019 with **1st Division**.

EDUCATION AND TRAINING

St Thomas English Medium School, Meerut, Uttar Pradesh, 04/2011
High School

St Thomas English Medium School, Meerut, Uttar Pradesh, 04/2013
Pre University College

Jawaharlal Nehru Medical College, Belgaum, Karnataka, 01/2020
MBBS

Kasturba Medical College, Mangalore, Karnataka, 01/2025
M.D.: Psychiatry

HOBBIES

- Cricket
- Music
- Quiz
- General Knowledge

**EXTRACURRICULAR
ACHIEVEMENTS**

- **3rd Prize** in **Interschool Extempore Competition**, July 2007
- **2nd Prize** in **Interschool General Knowledge Quiz Competition** by **Amar Ujala Press and Media**, November 2007
- **1st Prize** in **Interschool Extempore Competition** October 2011
- **Best Bowler** in **Interphase Cricket Tournament** **Jawaharlal Nehru Medical College, Belgaum**, August 2017

CERTIFICATIONS

- Basic Course in Biomedical Research by ICMR, July 2023
- Basic Life Support/ Advanced Cardiovascular Life Support, August 2024

LANGUAGES

Hindi: First Language

English:

C2

Proficient (C2)

Kannada:

B1

Intermediate (B1)