**Name : Aimen Naim**

**Email ID : aimennaim123@gmail.com**

**Contact Number : 7838281460**

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| **Academic Qualifications** |
| **Year** | **Degree/Examination** | **Board/Institute** | **CGPA/%** |
| 2025 | M. Phil. (Clinical Psychology) | National Institute of Mental Health and Neurosciences (NIMHANS) | First class |
| 2022 | M. A. Applied Psychology | Jamia Millia Islamia University | 9.22 |
| 2020 | B. A. (H) Psychology | Jamia Millia Islamia University | 8.89 |
| 2017 | Class XII - CBSE | Manava Bharati India International School | 92.75% |
| 2015 | Class X - CBSE | Manava Bharati India International School | 9.8 |
| **Work Experience** |
| **NIMHANS**  *July, 2023 – June 2025* |
| **Adult Psychiatry**  | * **Therapy:** Provided individual psychotherapy across inpatient and outpatient adult settings using evidence-based modalities tailored to the persons’ needs (CBT, DBT, IPT, grief therapy, supportive psychotherapy, narrative therapy, third-wave CBT) for a wide range of clinical conditions including personality disorders, mood and anxiety disorders, OCD, schizophrenia, functional neurological disorders, and grief-related issues.
* **Assessment:** Conducted comprehensive cognitive, personality, and interpersonal assessments using standardized tools (IQ tests, memory batteries, projective and diagnostic assessments, rating scales) and integrated findings into case formulations and treatment plans within a multidisciplinary team.
* Regularly participated in **multidisciplinary team meetings** involving detailed case presentations, diagnostic workups, and collaborative treatment planning.
* Involved in initial screenings, structured clinical interviews, longitudinal follow-ups, and formulation-based discussions within a tertiary care setup.
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| **Child Psychiatry** | * Therapy Provided individual psychotherapy across inpatient and outpatient adult settings using evidence-based modalities tailored to the persons’ needs (CBT, DBT, IPT, grief therapy, supportive psychotherapy, narrative therapy, third-wave CBT) for a wide range of clinical conditions including personality disorders, mood and anxiety disorders, OCD, schizophrenia, functional neurological disorders, and grief-related issues.
* Assessment
* Topic presentations
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| **Addiction Medicine** | * Therapy
* Assessment
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| **Psychiatric Rehabilitation** | * Social skills training
 |
| **Neuropsychology** | * Assessment
* Neuropsychological rehabilitation – CR, NFT
 |
| **Behavior Therapy** | * Cognitive behavior therapy
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| **Family Therapy** | * Family therapy
* Couple therapy
 |
| **Academic activities** | * Journal Club
* Seminar
 |
| * Thesis
 |
| **Positions of Responsibility** |
| **Member - M&A Training Team**  | * Responsible for **coordinating upskilling sessions** and maintaining communication with trainers, ensuring efficient session delivery
 |
| * **Helped 2 peers at PwC to fit into the firm** and access company resources with ease
 |
| **RSVI Coordinator** | * **Led a team of 5** to create audio study material for visually impaired students
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| * Skillfully **hosted a talent hunt programme** for 100+ specially abled students
 |
| **Coordinator Bluechip- FIC** | * Organized inter college **finance festival**,managing budget formulation and cash flow tracking
 |
| * Coordinated **virtual commerce fest**, secured sponsors (monetary and non-monetary)
 |
| * Led a team of 12 individuals in orchestrating a **virtual mock stock event (300+ attendees)**
 |
| **Extracurricular Achievements** |
| **Management Consulting Certification** | * Played a pivotal role in **consulting deck preparation**, conducting comprehensive **research** on the toothpaste industry, performing **data analysis**, and actively participating in team meetings
 |
| * Awarded **Best Consultant (Team)** by The Corporate Institute **(200+ participants)**
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| **SocialInitiative** | * Volunteered for PwC's **book donation drive** for underprivileged children, sorting books by genres
 |
| * Organized an **accounting and tally workshop** for underprivileged students in collaboration with **Shiksha Trust**, **benefiting 50+ participants**
 |
| **Inter College Competitions** | * **First position** in Master Mind Hunt 2 puzzle competition at Jesus and Mary College **(200+ students)**
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| * Secured **first position** in Puzzle Pint, organized by Jesus and Mary College **(150+ students)**
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| **Public Speaking/ Writing** | * **Hosted annual school-level fest** for three consecutive years, attracting a footfall of **1000+ students**
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| * **First position** in Resonance 2018- National Recitation Competition **(50+ participants)**
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| * Received **honorable mention** in All India Essay Writing Event organized by UN Information Centre
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| **Other Information** |
| * **Dazzling Debut** awardee at PwC for adaptability and strong contribution
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| * **Above and Beyond Award** recipient at PwC for exceptional dedication and client management skills
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| * Received **Rs 75k merit-based scholarship** from ICAI
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