

DR. SIDDHARTH SETHI

MBBS, MD (Psychiatry)

Reg. No: DMC/R/14336

Gurgaon, India

Mobile no. +919811776967

Email ID: drsethi1208@gmail.com**PROFESSIONAL SUMMARY**

I am a compassionate psychiatrist with **over 3 years of experience** providing expert care for diverse mental health conditions. Skilled in **diagnostic evaluations, medication management, psychotherapy and community outreach** with an **excellent bed-side manner**.

I am proficient at collaborating with multidisciplinary teams, advancing mental health awareness through research and community outreach and teaching and mentoring undergraduate medical students and psychiatry residents.

I am seeking to utilize clinical expertise and interpersonal skills to support patients in achieving emotional well-being, fostering resilience, and improving their quality of life.

PROFESSIONAL EXPERIENCE AND WORK HISTORY**PRIVATE PRACTICE, GURGAON March 2025- Present**

- Consultation services and management of outpatient psychiatry clinic

SENIOR RESIDENT, VMMC AND SAFDARJUNG HOSPITAL, NEW DELHI April 2023- March 2025

- Consultation services and management of outpatient and inpatient psychiatry clinic and ward.
- Teaching undergraduate medical students and postgraduate psychiatry residents.
- Liaison with other medical departments and allied mental health professionals to ensure better outcomes for the patient.
- Use of mECT in severely ill patients to improve outcomes.
- Community outreach programs to spread mental health awareness and fight stigma.
- Organised Psychiatry quiz for undergraduate medical students and psychiatry residents at intra-college and inter-college events.

SENIOR RESIDENT, ABVIMS and Dr. RML HOSPITAL, NEW DELHI December 2021- April 2023

- Consultation services and management of outpatient and inpatient psychiatry clinic and ward.
- Teaching undergraduate medical students and postgraduate psychiatry residents.
- Liaison with other medical departments and allied mental health professionals to ensure better outcomes for the patient.
- Use of mECT in severely ill patients to improve outcomes.
- Community outreach programs to spread mental health awareness and fight stigma.
- Community outreach program at India International Trade Fair, New Delhi under the National Mental Health Program at Health Ministry pavilion, November 2022.

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EDUCATIONAL QUALIFICATION

<u>Degree/Exam</u>	<u>Stream</u>	<u>Session</u>	<u>Univ/Board</u>	<u>Institute</u>
MD	Psychiatry	2018-2021	Datta Meghe Institute of Medical Sciences, Wardha	Jawaharlal Nehru Medical College, Wardha
MBBS	MBBS	2010-2016	Pravara Institute of Medical Sciences, Loni	Rural Medical College, Loni
Senior secondary (10+2)	Physics, Chemistry, Biology, English	2009-2010	CBSE, New Delhi	Tagore Public School, New Delhi
Secondary (10th)	General	2007-2008	ICSE, New Delhi	Indian Public School, Dehradun

DISSERTATION

Psychiatric co-morbidities in patients admitted with chest pain for coronary angiography at a tertiary care hospital in Maharashtra.

ACHIEVEMENTS & RECOGNITION

1. **Best poster award** at PRODIGY, 2018, Wardha, Maharashtra.
2. Awarded the **Chancellor's Gold medal** for securing the highest marks in Psychiatry PG final examination, Summer 2021, DMIMS (DU).
3. Appointed as an **Academic Coordinator for Training Initiative for Postgraduate Psychiatry Students (TIPPS)** in November 2021.
4. Cleared **MRCPsych Paper A and Paper B in first attempt** in June 2022 and September 2022, respectively.
5. **Cleared OET** (Occupational English Test) in February 2023 with score of 380 each in speaking and writing, 430 in listening and 460 in reading

ORAL PRESENTATIONS

1. Presented a paper on "Impact of diadactic lecture on nursing students' knowledge, personal and perceived stigma regarding depression" at VPACON 2019 held at Nagpur in June 2019.
2. Presented a poster on a case report on Delusional parasitosis at PRODIGY, 2018, Wardha, Maharashtra. Won the first prize for this presentation.

PUBLICATIONS

1. KS AS, Kallan FM, Kolenchery JJ, D'silva VR, Nagdive AB, **Sethi S**. Seizures Presenting as ADHD: A Case Report. *Journal of Pharmaceutical Research International*. 2021 Dec 27;33(60B):3352-7.
2. Behere PB, Nagdive AB, Behere AP, Chowdhury D, Yadav R, **Sethi S**. Diagnosing the Undiagnosed Psychiatric Patients at Surgeon's Couch. *Ann Romanian Soc Cell Biol*. 2021 Feb 1;25(1):3845–54.
3. Behere PB, Behere AP, Nagdive AB, Chowdhury D, Yadav R, **Sethi S**. Epidemiological Study of Alcohol Related Mental Health Problems in the Rural Population of a Dry District of Central India. *Ann Romanian Soc Cell Biol*. 2021 Feb 1;25(1):3804–14
4. Behere PB, Behere AP, Chowdhury D, Nagdive AB, Yadav R, **Sethi S**. Has the COVID-19 Pandemic Triggered a Shift in Psychopathology? *Ann Romanian Soc Cell Biol*. 2021 Feb 1;25(1):4196–9.
5. Nagdive AB, Behere PB, **Sethi S**, Fernandes R. Hyperammonaemia in Absence of Deranged Liver Enzymes with Valproate: A Case Report. *Indian J Forensic Med Toxicol*. 2021 Mar 24;15(2):52–5.
6. Nagdive AB, Bhainsora RS, Fernandes R, Behere PB, **Sethi S**. Pseudocyesis Leading to Folie-à-Deux. *J Neurosci Rural Pract*. 2021 Apr;12(2):419–23.
7. **Sethi S**, Behere PB, Vankar GK. Psychiatric Co-Morbidities in Patients Admitted with Chest Pain for Coronary Angiography: A Preliminary Study. *Eur J Mol Clin Med*. 2020;7(11):3365–72.
8. **Sethi S**, Vankar G. Delusion of pregnancy in a woman with mental retardation. *Journal of Clinical and Scientific Research*. 2021 Jan 1;10(1):47-.

PERSONAL DETAILS

Date of Birth: 12/08/1992

Gender: Male

Marital Status: Married

Correspondence Address:

L-31/3 DLF City Phase 2, Gurgaon, Haryana, India

Mobile no. +919811776967

Email ID: drsethi1208@gmail.com

REFERENCES

Dr. Pankaj Verma Prof. and Head, Department of Psychiatry, VMMC and Safdarjung Hospital, New Delhi	Ph: +91-9313534345 Email ID: pverma.md1@gmail.com
Dr. Manushree Gupta Professor, Department of Psychiatry, VMMC and Safdarjung Hospital, New Delhi President-elect, Delhi Psychiatric Society, New Delhi	Ph: +91-9711195900 Email ID: manushree@gmail.com
Dr. Ganpat K. Vankar Professor and Head, Department of Psychiatry, Parul Institute of Medical Sciences, Vadodara	Ph: +91-8208541974 Email ID: gkvankar@gmail.com