

Aakriti Chawla

Special Educator, Clinical Psychologist and Child Psychologist

+91 9811257672 | chawlaakriti.19@gmail.com

Clinical psychologist with 5+ years of experience with skills in psychological assessment, mental health diagnosis, developing treatment plans, providing therapy to children/individuals/families/couples. Has extensive experience as Special Education Teacher (8+ years) with skills in delivering effective educational programs for special students with emotional, mental, and learning disabilities.

PROFESSIONAL EXPERIENCE

BLUEBELLS SCHOOL INTERNATIONAL

Delhi

Counsellor & Clinical Psychologist

October 2023 – Present

- Provided academic, career and personal/social counselling to students.
- Conducted assessment to identify learning disabilities, emotional disorders and behavioral issues and provided individual and group counselling sessions to address those needs.
- Developed and implemented programs to promote student well-being such as bullying prevention or study skills workshops.
- Assisted students with academics planning, career exploration and college readiness.
- Provided therapy and interventions for student experiencing mental health concerns.
- Collaborated with teachers, parents, and other school staff to develop and implement individualized support plans.
- Contributed to the development of school-wide initiatives for promoting mental wellness and positive behavior.

ARADHYA HOSPITAL

Delhi

Clinical & Child Psychologist (Part time)

September 2023 – Present

- Conducted individual sessions using evidence based approaches such as Cognitive Behavior Therapy, Dialectic Behavior Therapy, etc.
- Administered psychological assessments to diagnose and develop treatment plans.
- Collaborated with interdisciplinary teams to provide comprehensive care for those with diverse mental health needs.

WORLD BRAIN CENTER HOSPITAL

Delhi

Clinical & Child Psychologist

October 2021 – Present

- Performed psychological assessments including IQ, personality, aptitude, emotional, neuropsychological and projective.
- Diagnosed mental health, developed treatment plans and provided therapy to children, individuals, families and couples.
- Coached parents on how to apply strategies learned in therapy at home and at school.

THE SHRI RAM SCHOOL

Gurugram

Special Education Teacher & Counsellor

January 2019 – December 2020

- Developed interactive lesson plans to deliver high-quality special education instructions in a classroom.
- Worked closely with parents and students on academic material and behavioral management.
- Provided a multi-sensory, language-based classroom learning including visual, auditory, tactile and kinesthetic support.
- Assessed students' abilities and recommended degree programs to highlight strengths.
- Provided individual and group counseling for 9th to 12th grade students.
- Modified curriculum and assignments based on recommendations from psychological report and testing results.

RUKMINI DEVI PUBLIC SCHOOL**Delhi***Special Education Teacher**August 2014 – November 2018*

- Created individualized education programs for each special education student.
- Developed differentiated activities and goals to meet each student's individual needs and abilities.
- Modified curriculum and assignments based on recommendations from psychological report
- Modified general education curriculum for special needs students based upon a variety of instructional techniques and technologies.
- Maintained regular communication with students, parents and colleagues regarding students' progress.

NEW BLOOM PUBLIC SCHOOL**Delhi***Counselor & Psychologist**May 2014 – August 2014***NEW ERA PUBLIC SCHOOL****Delhi***Special Education Teacher & Counselor**July 2011 – August 2012***FREELANCE WORKSHOPS****Delhi & other states***May 2015 – Present***EDUCATION**

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY**Gurugram, Delhi NCR**

Professional Diploma in Clinical Psychology

2020-2022

AMITY UNIVERSITY**Noida, UP**

Masters of Arts in Clinical Psychology

2012-2014

IGNOU**New Delhi**

Master of Sciences in Child Counselling and Family Therapy

2013-2016

LADY IRWIN COLLEGE, DELHI UNIVERSITY**Central Delhi, Delhi**

Bachelor of Education in Special Education, Intellectual Disability

2010-2011

LADY IRWIN COLLEGE, DELHI UNIVERSITY**Central Delhi, Delhi**

Bachelor of Science in Human and Child Development & Human Resources

2007 - 2010