**Dr. Poonam Tyagi**

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Contact no: 8218403266

**Objective**

Dedicated and passionate academician with a PhD in Social Work and UGC NET JRF qualification. Seeking a position as an Assistant Professor to leverage my research expertise, teaching skills, and commitment to fostering academic excellence. Eager to inspire and mentor students while contributing to innovative research, curriculum development, and the holistic growth of the institution.

**Career Summary**

* Ph.D. Delhi University Theses Topic: “Social Work Intervention in Reducing Depression among Teenagers: A study of 100 Teenagers in Higher Secondary Schools of Delhi and NCR.”
* Net Qualified In 2018.
* Professional Psychological counsellor, dealing with psychological issues; Anxiety, Depression, and Trauma healing.
* Relationship Issues; Couple counselling, Marriage counselling, Teenagers counselling, Family counselling.
* Above 800 cases have been successfully done it till now.

**Work Experience**

**Research Assistant, 15/12/2014 to 04/12/2015, AIIMS, New Delhi.**

* One year of experience as a Research Assistant under the DST project- Migration Mobility and Antenatal Care, Department of Centre for Community Medicine, AIIMS, New Delhi.
* Counseling, and Consulting Pregnant women.
* Quantitative and Qualitative Interviews, Input Collection, and Data Analysis on SPSS.

**Community Organizer, 02/01/2016 to 31/12/2017**

* One year of experience as A Community Organizer, in Urban Health Program Agra. The Ministry of Family and Health Welfare (MOHFW) launched the mission of Indradhanush to expand immunization coverage to all children across India, Shri Nirotilal Buddha Sansthan Agra.
* With the Coordination of Anganwadi Worker and Asha Worker Organize an immunization health camp to immunize all children against seven vaccine-**preventable diseases namely Diphtheria, Pertussis, Tetanus, Childhood Tuberculosis, Polio, Hepatitis B, and Measles.**

**Medical Social Worker 25 oct 2017 to 2019**

Sharda Medical University (Preventive & Social Medicine)

**Fieldwork in 6 Agencies**

* Missionary of Charity Agra
* Ramlal old Age Agra
* Madhya Nand Orphanage Home Agra
* Sanket Deaf& Dumb School Agra
* Gandhi Kusth Ashram Agra
* Tears Mental Retardation School Agra

**Academic Qualification**

* Ph.D. (Delhi School of Social work) Delhi University (2024)
* MSW from DBRAU Agra in 2014 with I div.
* B.A. from DBRAU Agra in 2011 with II div.
* 12th in 2008 from U.P. Board with II Div.
* 10th in 2006 from U.P. Board with I Div.

**Personal Information**

**Date of Birth:** 28/04/1991  
**Languages Known:** English, Hindi.

**Hobbies: Reading, Creating New Things, Cooking, helping others, Zumba and Dance, Explore new things.**

**Address:** **Delhi**

Date:

Place: