

DR. ADITI SINGHAL
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EXPERIENCE

- Senior Resident St stephens hospital, delhi in 2021.
- Senior resident in covid center under Delhi government in 2021
- Senior resident- from January 2020 to April 2020 in GGMC and Sir JJ group of hospitals, Mumbai .
- Junior resident 3 - from July 2019 to October 2019 in GGMC and Sir JJ group of hospitals, Mumbai .
- Junior resident in 2014-15 in psychiatry in IHBAS, Delhi.
- Junior resident in medicine in 2015 in DHAS, Delhi.

QUALIFICATIONS

- DNB in Psychiatry, Hospital for Mental Health, Ahmedabad (2021-2023).
- Diploma in Psychological Medicine (DPM), Psychiatry, GGMC and Sir JJ Group of Hospitals, Mumbai (2017-2019).
- Internship, Sir Gangaram Hospital (SGRH), Delhi (2013-2014).
- MBBS, Armed Forces Medical College, Pune (2008-2013).
- Senior Secondary (12th), Delhi Public School, Mathura Road (2007).

SKILLS

- Strong clinical skills and knowledge.
- Emergency management of aggressive patient.
- Psychiatric evaluation and medication management to a wide range of patients including child psychiatry, de addiction psychiatry, geriatric psychiatry .
- Performing tasks like reviewing medical history, ordering lab tests , interpreting psychological tests and observing patient behaviour for accurate diagnosis .

- Attended inpatient to understand and formulate detail workup plan for the patient and treat with medication and adequate psychotherapy.
- Liaison psychiatry for helping patients in other wards with behavioural problems , delirium and other mental health issues.
- worked in Learning disability clinic, geriatric clinic , sex clinic , child clinic.
- Worked in DTC (Drug treatment centre) , GT hospital, Mumbai.
- Disability certification as per the new gazette.
- Medico legal cases (POCSO, testamentary capacity, insanity claim)
- Standing Medical Boards and providing fitness for resuming back duty.
- Brief psychotherapy sessions both group and individual of the patient' s relatives .
- Providing Modified Electroconvulsive Therapy sessions to the patient with collaboration with anaesthesia teams.
- Ability to relate to patients with empathy and care.

PRIZES AND AWARDS

- Second Runner Up in TYSA (torrents young scholar award) at zonal level- west zone.- 2018.
- University topper(gold) in DPM in MUHS, Nashik 2019 .

PRESENTATIONS

- Case report on “ Mutism - presenting symptom of Non catatonic schizophrenia ”, Dr Aditi Singhal, Dr Bharat, Dr. V. P . Kale. Was presented in Annual National conference , Ranchi and was published in IJP, v 60: 2018 Feb.
- Case report on “ Beyond the screen : navigating behavioural disturbances triggered by internet gaming Disorder” , Dr Ashish Yadav, Dr Aditi Singhal, Dr Deepti Bhatt, was presented in ANCIPS, Kerala and published in IJP.