

DR. MANSI ANAND

MBBS, MD PSYCHIATRY DNB
PSYCHIATRY

CONTACT



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www.linkedin.com/in/drmansi
anandpsychiatrist

PROFILE

Over 3 years of experience in core and specialty psychiatry and a keen interest in Adolescent mental health, Queer affirmative healthcare along with command on both individual based pharmacotherapy and psychotherapy, I keep my patients' needs above all and aim to provide a holistic approach involving the best possible treatment protocols and aim at early remission and rehabilitation while aiming at minimal impairment of other domains of life.

SKILLS

Interpersonal communication

Psychotherapy & Counselling

Public Speaking

Child and Adolescent Psychiatry

Addiction Psychiatry

Queer Affirmative Healthcare

WORK EXPERIENCE

Senior Resident

Gandhi Medical College and Hamidia Hospitals,
Bhopal(Madhya Pradesh)

2023-present

- Managing the Out Patient Department at a Tertiary Care centre in Central India, attending more than 100 patients a day.
- Managing the Inpatient services in Aa 30 bedded exclusive Psychiatry ward.
- Administering various Psychometric tests and Providing disability certification.
- Administering Modified ECTs(Electroconvulsive therapies) and RTMS and Ketamine Therapy to patients attending the institute.
- Regularly engaged in CBT and REBT sessions.
- Attending and managing Child and Adolescent Psychiatry, Geriatric mental health and Deaddiction Specialty clinics.
- Organizing various mental health related workshops for patients, families and students, along with community outreach activities.

EDUCATION

DNB PSYCHIATRY

National board of Examinations

2023

MD PSYCHIATRY

Sri Aurobindo Medical College
and PG Institute , Indore

2020-2023

MBBS

Netaji Subhash Chandra Bose
Medical College, Jabalpur

2013-2018

MD Psychiatry Resident

Sri Aurobindo Medical College and PG
Institute - Indore (Madhya Pradesh)

2020-2023

- Managing the out-patient and in patient services of the psychiatry department of a tertiary healthcare centre,
- Administered modified electro-convulsive therapy and ketamine therapy to multiple patients.
- Participated in numerous community healthcare and outreach activities and services organised by the hospital

Medical Officer

Primary Healthcare Centre - Sonpur,
Jabalpur (Madhya Pradesh)

2019-2020

- Managed the out-patient services of the PHC catering to a population of 1500-2000 people.
- Assisted multiple normal vaginal deliveries during the tenure.

Intern

Netaji Subhash Chandra Bose Medical
College, Jabalpur (Madhya Pradesh)

2018-2019

LANGUAGES

English

Hindi

Punjabi

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EXPERTISE

- Pharmacotherapy
- Psychotherapy
- Queer Affirmative Healthcare
- Adolescent Mental Health
- Motivational Speaking

OTHER PROFESSIONAL ACTIVITIES

- Awarded the best orator for debate at TYSA 2022 (Young Scholars Award) Nationals at Ahmedabad, Gujarat.
- First runner-up in the West Zone TYSA's zonal round.
- Awarded the best paper in paper-presentation at World Congress of Asian Psychiatry conference 2022 held in Hyderabad.
- First runner-up in poster presentation at MP PSYCON 2022.
- First runner-up in PG Quiz at MP PSYCON 2022.
- Certificate in Rational Emotive Behaviour Therapy (REBT).
- Awarded the Gold medal for Highest marks in Surgery in Final Prof MBBS exams.
- Publication- Depression, Anxiety and Stress in HCWs during COVID-19 pandemic, an observational study from central India, in European Journal of Molecular and Clinical Medicine.
- Assessment of Sexual Quality and Sexual Dysfunction among Females with Migraine- International Journal of Life Sciences Biotechnology and Pharma Research.
- Case Report- Non Healing Ulcer- A Saga of Consultations, Accepted for publication in International Journal of Medical and Pharmaceutical Research
- Schizophrenia and Marriage, Marital Quality of Life- A study from Central India, Accepted for publication in International Journal of Medical and Pharmaceutical Research
- Completed BCBR Examination in August 2021.
- Passed DNB Psychiatry(1st attempt) in February 2024