



SULAGNA MONDAL

TRAINEE CLINICAL PSYCHOLOGIST/ COUNSELLING PSYCHOLOGIST

ADDITIONAL EXPERIENCE

- Student Volunteer for South Kolkata Hamari Muskaan (NGO) as tutor for sex workers' children
- Community Volunteer for Teach for India as summer school drama trainer for underprivileged children
- Published research articles – 'How Different Genres of Films Affect Human Behaviour,' and 'Character Interpretation of Gone Girl by Gillian Flynn'
- Paper presentation on 'Psychopathology, Stalking and Social Media'
- M.Sc Dissertation – 'A Study on Body Image and Self-Esteem in Relation to Social Media Posts in Menstruating Women'
- M.Phil Dissertation – 'Impact of Different Types of Content Watching on the Mind Wandering Tendencies, Loneliness and Relationship Expectations of College Going Students'

CONTACT

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Client reviews on Google:
<https://g.co/kgs/e2BSM4z>

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EXTRACURRICULAR ACTIVITY

Self-employed Book Blogger
October 2015 - Present

Writing book reviews, promoting book releases, cover book release events, and hold author interviews on Instagram page with over 10k+ followers.

EDUCATION

Master of Science in Psychology, Surana College, Bangalore University
August 2018 – October 2020
CGPA – 8.22, Academic Excellence Award, Class and Fest Coordinator

Master of Philosophy in Clinical Psychology, Institute of Psychiatry – Centre of Excellence
November 2022 – November 2024

WORK EXPERIENCE

Spandana Rehabilitation Hospital - Counselling Intern

January 2020 – February 2020
Application of assessment tools, client history-taking under supervision, and observing psychotherapeutic sessions

Little Leap – Child Development Trainer

September 2021 – September 2022
Soft skills training for children aged 4 to 16, making training modules according to individual needs of children by collaborating with parents, and child and adolescent counselling.

Self-employed – Counselling Psychologist

September 2022 – Present
Providing one-on-one counselling and consultation sessions to over 100+ clients, with follow-up sessions for over 60+ clients.

Institute of Psychiatry-COE – Trainee Clinical Psychologist

November 2022 – November 2024
Hands-on clinical experience in psychodiagnostics assessments, psychotherapy, community work, and rehabilitation in a hospital-based set up, along with academic seminar presentations, clinical case presentations and dissertation.

SKILLS

1. Application of necessary assessment tools, case conceptualization, formulation of management plans, and suitable psychotherapeutic techniques
2. Catering to individual needs and goals of clients
3. Undertaking clinical research work and application of suitable statistical methods

