

NUPUR KHANDELWAL
Clinical Psychologist
(RCI -CRR No : A64851)

House No :- 74 , Pocket – 10, Sector -
20, Rohini, New Delhi -110085.
knupur28@gmail.com
9953971747

EXPERIENCE

Mid February,2023- October, 2024

Clinical Psychologist in Base Hospital , Delhi Cantt..

- Conducted clinical assessment, diagnosis, and psychotherapy to patients as well as family members of people serving the nation.
- Collaborated with other departments to develop and implement individualized treatment plans.
- Conducted sessions/ workshops/talks to educate and bring mental health awareness.

September ,2020 - Mid February,2023

Clinical Psychologist, Institute of Human Behavior and Allied Sciences (IHBAS),District Mental Health Programme (DMHP), New Delhi, India

- Provide Diagnosis using Clinical assessment and Psychotherapy to the patients suffering from Mental Health Disorders.
- Increase awareness & reduce stigma related to Mental Health problems.
- Collecting comprehensive patient histories and coordinating treatment plans with multi-disciplinary team members.

April, 2020- August,2020

Clinical Psychologist, PSYCOOLG WELLNESS PVT. LTD., Bhiwani , Haryana , India.

- Tele-psychotherapy of patients, offered diagnoses and consultations and helped clients address mental health concerns.
- Online Clinical Psychology Theoretical Classes/ Internships.

EDUCATION

2018	M.phil , Clinical PsychologyPt. B.D. Sharma University of Health Sciences, , Rohtak, Haryana
2016	M.A. Applied Psychology, Jamia Millia Islamia

SKILLS

- Proficient in Psycho-therapeutic & Teaching - Research skills
- Empathetic & Good Listening skills
- Analytical & Problem-solving

ACCOMPLISHMENTS

- Qualified F-PACT 2019 (Forensic Psychology Aptitude and Caliber Test 2019) conducted by LNIN National Institute of Criminology and Forensic Sciences, Ministry of Home Affairs,Government of India.
- NTA-NET 2019 Qualified
- Best Paper Award at 49th NAC IACP 2023 Conference.

RESEARCH PUBLICATIONS:

- Meaningfulness at Work : A Cross-Occupational Study. International Journal - Dental, Oral and Craniofacial Research (Impact Factor : 1.16) November, 2016.
- Comparative Study of the influence of moral anxiety and underlying defense mechanisms among women.Peer-reviewed: Psychological issues and interventions in health and well-being (2016).
- Wave of Psychological Pandemic Post COVID-19 Pandemic : A Systematic Mental Health Review.IJIP;ISSN:2348-5396,Vol-11,Issue 2,April-June (2023).
- Participated in 1st National Conference on Psychotherapeutic Assessments and Interventions in Psycho-Oncology (NCPO-2025), AIIMS , New Delhi.

	(JMI), New Delhi
2013	B.A (H)PSYCHOLOGY, Keshav Mahavidyalaya, University of Delhi
2010	12th, Ramjas School, CBSE, New Delhi
2008	10th , Ramjas School, CBSE, New Delhi

PROFESSIONAL AFFILIATION:

- Professional Lifetime Membership, CLINICAL PSYCHOLOGY SOCIETY OF INDIA (CPSI), PLM - 0055/2022.
- Professional Life Member, INDIAN ASSOCIATION OF CLINICAL PSYCHOLOGISTS (IACP), PLM 894/24.