

# Resume



**RAJWANT KAUR**

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**Masters in Psychiatry Nursing (Mental Health Nursing)**

**Registered with HNRC**

**PhD Nursing Scholar**

## **Academic qualifications:**

- PhD Nursing (Pursuing) from M.M. College of Nursing, Mullana, Ambala. Scored SGPA 8.15 in Course work.
- M.sc Nursing in psychiatry (First Class) from M.M. College of Nursing, Mullana, Ambala (2010-2012)
- B.Sc Nursing ( first class )from M.M.College of Nursing, Mullana, Ambala.

## **ADDITIONAL CERTIFICATION**

E- Certification course on HEALTH RESEARCH FUNDAMENTALS run under NATIONAL INSTITUTE OF EPIDEMIOLOGY.

Certified Master trainer of Global funding Programme against HIV/AIDS and TUBERCULOSIS run Under NACO.

Certified Trainer for USAID ASSIST NQOCN project on Quality Improvement Strategies with focus on coaching skills.

## **Professional Experience:**

**Total years of Teaching and Research Experience = 9years3 months**

- Working as Associate Manager at ECHO India from September 2021.
- Worked as Assistant Professor in Amity University Haryana (from July 2017 to September 2020)
- Worked as Assistant Professor in Nightingale Institute of Nursing (from January 2014 to July 2017).

- Worked as Lecturer in Rattan professional education college, Punjab (from September 2012 till January 2014).
- Worked as clinical instructor in Mata Saheb Kaur college of nursing ,Punjab(September 2009-september 2010)

### **RESPONSIBILITIES HELD**

- As a manager- Project Management, Partner relationship and support pertaining to activities related to capacity building program pertaining to healthcare sectors i.e, Dte.GHS, MoHFW, various state nursing councils, Govt. Nursing Institutes and Colleges and nursing associations.
- Faculty -Mental Health Nursing Deptt. Expertise in teaching nursing courses and public health related courses.
- Master Trainer for GFATM program for nurses at national level.
- National Trainer for Quality Improvement funded by USAID.
- Counselling Liver related Alcohol Diseases.
- Paper Evaluator and setter at Chaudhary Charan Singh University, Meerut
- External examiner- Baba Farid University, Faridkot.
- Resource person at various National conferences, seminars, and workshop
- Coordinator of Student Guidance and Counselling Sessions
- Conducting training program for general population and professionals.
- Teaching and Guiding Students in Health Care Settings
- Conducting and publishing Research on various health related issues.

### **Experienced In:**

- Project management
- Coordinating training/teaching related activities in public health education
- Multisectoral collaboration in terms of conducting research, Health conferences, seminars and managing projects under national, state and at institute level.
- Knowledge of SPSS, MS office, statistical analysis
- Proficient in preparing training modules and IEC related activities.
- Proficient in English, Hindi, Punjabi language.

### **Conferences and workshops organized**

- **Organised** various Capacity Building programs in Collaboration with DGHS, MoHFW.
- **Master Trainer** of promotion of Mental health of Healthcare Providers during the COVID-19 Pandemic
- **Master Trainer** for GFATM Programme funded by NACO for Nurses at national level.

- **Master Trainer** for USAID ASSIST NQOCN project on Quality Improvement Strategies with focus on coaching skills.
- **First AID Basic training** under National Skill development cooperation.
- Attended Course on Covid 19-tackling the novel coronavirus **by London school of hygiene and tropical medicine** and public health rapid support team
- **Resource person** at CNE organised by Inter command hospital: Delhi Cantt on Topic Trauma care nursing.
- **Organized** National Seminar on 'Mental Health in Workplace' on 10<sup>th</sup> Oct ,2017 at Amity University Haryana .
- **Organized** National workshop on Neurotrauma Care on 13<sup>th</sup> Feb, 2018 at Amity University Haryana .
- **Organized** Workshop on Nursing Theories and its Application at Amity University Haryana.
- **Coordinated** CNE for Nursing Professionals On the topic "Futuristic Nursing Leading change-Advancing Health" on 4<sup>th</sup> March ,2017 at Nightingale Institute of Nursing.
- **Coordinated** CNE for Nursing Professionals On the topic "Harmonizing nursing education and practice- A Radical Transformation" on 1st and 2nd April,2016 at Nightingale Institute of Nursing.

**PhD Research statement** – A study to develop and evaluate the Effectiveness of Psychiatric Nursing Virtual Clinical Simulation Experience on Psychiatric Nursing Assessment and Therapeutic Communication Skills among learners in selected Nursing Colleges of Distt Haryana.

#### **Research Projects/ Details of Publications**

- A study to evaluate the effectiveness of Self Instructional Module (SIM) regarding psychotropic drugs in terms of knowledge among nursing personnel working at selected hospital of Agra (Uttar Pradesh).
- A study to assess the effectiveness of planned teaching programme regarding child abuse and neglect among mothers.
- A study to assess the health Problems Due to Climate Change among people residing at village Bisarakh,Noida .U.P.
- A Descriptive study to Assess the Quality of Life and its effect on Mental Health among Elderly People in selected Old Age Homes of Delhi.
- A study to assess the level of Aggression and the effectiveness of planned teaching program on aggression management in terms of knowledge among Adolescents at selected schools of Delhi.
- A study to assess the level of Juvenile Delinquency among Adolescent Students at selected Schools of Haryana.
- A study to evaluate the effectiveness of structure teaching programme on knowledge regarding postpartum depression among women residing at selected village of Noida, UP.

- A Descriptive Study to Assess the Level of Stress, Social Support and Life Satisfaction among Parents of Children with Autism Spectrum Disorder at Selected Centres in Delhi .
- A Pre Experimental Study to Assess the Levels of Stress and to Evaluate the Effectiveness of Structured Teaching Programme on Stress Management in terms of Knowledge among the Care Givers at the Selected Destitute Homes, Delhi, NCR.”
- Attitude towards nursing profession among 1<sup>st</sup> year students of B.Sc. nursing programme studying at selected College of Nursing.
- An exploratory study to assess the usage of smart phones and its impact on the health among adolescents attending selected colleges of Gurugram, Haryana.
- A Descriptive study to assess the level of social media addiction among Bsc. Nursing students in selected college of Nursing at Gurugram district of Haryana with a view to develop an informative package.

#### **PUBLISHED ARTICLES AT NATIONAL LEVEL JOURNALS**

- **STM Journals “Journal of nursing science and practice”.2015;5(2)** -A study to evaluate the effectiveness of Self Instructional Module (SIM) regarding psychotropic drugs in terms of knowledge among nursing personnel working at selected hospital of Agra (Uttar Pradesh).
- **Nightingale Nursing Times ,Vol XII no 4;July 2016:21-23** “A study to assess the effectiveness of planned teaching programme regarding child abuse and neglect among mothers of children”
- **STM Journals “Journal of nursing science and practice”.2017;7(1)** - Quality of Life and its Effect on Mental Health among Elderly People.

#### **PUBLISHED ARTICLES AT INTERNATIONAL LEVEL JOURNALS**

- **International journal of nursing education , April-June 2017,9( 2)** - A Descriptive Study to Assess the Level of Stress, Social Support and Life Satisfaction among Parents of Children with Autism Spectrum Disorder at Selected Centres in Delhi
- **International Journal of Current Research ,April2018;10(4)** - A study to evaluate the effectiveness of structure teaching programme on knowledge regarding postpartum depression among women residing at selected village of Noida, UP
- **International journal of advance research ,June 2018;6(6)-** Level of aggression and the effectiveness of planned teaching program on aggression management in terms of knowledge among adolescents.
- An Explorative Study to Assess the Usage of Smart Phone and its Impact on the Health among Adolescents Attending Selected Colleges of Gurugram, Haryana, **International Journal of Science and Research (IJSR, International Journal of Science and Research (IJSR) . Paper ID: SR20427140922**

- A descriptive study to assess the psychological problems and coping strategies among old age people residing at old age home, NCR.volume 8 issue 6,June 2019. Paper id ART20198940
- Effectiveness of aerobic dance movement therapy on anxiety level among adolescent girls .jetir May 2020, Volume 7, Issue 5 (1039-1044)
- **International journal of creative research thoughts** ,A pre experimental study to assess the effectiveness of aerobic dance movement therapy on anxiety level among adolescent girls in selected govt. school of Gurugram, Haryana ,vol 8 issue 10,oct 2020

## **REFERENCES**

**Dr. Jyoti Sarin**

**Dean**

**MMCON**

**Mullana**

**Dr. Smriti Arora**

**Professor**

**Amity College of Nursing**

**Prof (Ms.) Kalpana Mandal**

**Dean**

**Subharti college of Nursing,Meerut**

**Dr. Chander Sareen**

**Principal**

**Rayat and Bahra college of Nursing,Kharar**

**Punjab**

**Prof Lavanya nandan**

**Principal**

**Nightingale Institute of Nursing**

**Noida**

**DECLARATION-All the information mentioned above is correct with best of my knowledge**

**Your's Sincerely**

**RAJWANT KAUR**

**(Date –November 12th , 2021)**