

DIVYA KHATTER

Clinical Psychologist

Contact

LinkedIn Profile:
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Skills

- Active Listening
- Compassionate
- Cognitive Behavioral Therapy
- Complex Problem Solving
- Critical Thinking
- Clinical Case history taking
- Mental Status Examination Conducting

IQ testing including

- Weschler's Intelligence Scale
- Malins Intelligence Scale for Indian Children

Projective Tests

- Rorschach Test
- Thematic Apperception Test
- Human figure drawing Test

Personality Tests and other Assessments

- The Millon Clinical Multiaxial Inventory
- Beck Depression Inventory
- Beck Anxiety Inventory
- Yale Brown obsessive Compulsive Scale

Paper Presentations

Case Presentation at the 7th National Conference on "Emotionally Unstable Personality Disorder" at Amity University, Lucknow, 2020

Certificates

- Participation Certificate in workshop "Learning to use Latex for writing/ publishing and presenting" held at Ambedkar University, Delhi in January 2016.
- Worked as a WOOLR Ambassador for a month

PROFILE

Compassionate Clinical Psychologist with 2 years' experience with adult population. Specializes treating mental disorders specifically addiction cases, depressive disorders, anxiety disorders and personality disorders. Offering comprehensive background conducting psychological tests, interviewing patients and monitoring patient progress.

EDUCATION

Amity University, Lucknow

2019 - 2020

Professional diploma in Clinical Psychology.

IGNOU

2016 - 2019

Masters in Clinical Psychology

Ambedkar University, Delhi

2013-2016

Bachelors in Mathematics Honors

Jain Bharati Mrigavati Vidyalaya, CBSE

2012-2013

12th Standard, Non- Medical.

Rishikul Vidhyapeeth

2010- 2011

10th Standard, CBSE

WORK EXPERIENCE

HCL- Healthcare, Clinical Psychologist (Associate)

Sept 2023- Present

- ⑦ Proving psychotherapy to students and staff of Shiv Nadar University (Outsourcing) regarding various issues including Adjustment Disorders, Clinical depression, Anxiety etc.
- ⑦ Participate in educational programs, in-service meetings, clinician meetings, and workshops to enhance professional

development and maintain currency of methodology and

Lissun, Clinical Psychologist (Associate)

Jan 2023- Sept 2023

- Identify and diagnose psychological, emotional or behavioral issues
- Develop and implement treatment plans and therapeutic processes
- Participate in educational programs, in-service meetings, clinician meetings, and workshops to enhance professional development and maintain currency of methodology and techniques.

Tele Consultation, Clinical psychologist

June 2022- Jan 2023

- Providing psychotherapy to individuals regarding problems, such as stress, substance abuse, depressive disorder, and anxiety disorders to modify behavior or to improve personal, social, and vocational adjustment
- Using a variety of treatment methods for managing the cases
- Maintaining current knowledge of relevant research.

Ankur Rehabilitation Centre, Clinical Psychologist

February 2022- June 2022

- Developed treatment plans for individuals with mental health goals, using therapies such as counseling, behavior modification, psychotherapy and other strategies
- Partnered with other medical professionals or behavioral health staff when planning a schedule of treatment for patients who need care
- Interacted with patients using an individual or group counseling therapeutic approach to help develop coping strategies for various disorders or stressors
- Participated in crisis intervention procedures when patients are displaying behaviors that are dangerous to themselves or others and referred patients who need additional support to outside specialists
- Provided individual and family counseling and behavioral support services that couple with Cognitive Behavioral Therapy

The Healthy Mind Clinic (Delhi), Clinical Psychologist

October 2021- February 2022

- Developed an individualized treatment plan for each case based on their specific needs, family situations, and psychopathology
- Psychoeducated clients and family about the illness, epidemiology and tailored treatment plans along with the clients
- Assessed and Diagnosed patients along the ICD-10 criteria, also incorporating supplemental tests appropriate to the particular to the case
- Conducted services and meetings using a variety of modalities, such as telephone, telehealth, and in-person
- Conducted both online and offline classes with interns to teach them

Research Paper

"The correlation between Anxiety and Academic Achievement Motivation among college students"

Ankur Rehabilitation Centre, Clinical Psychologist

February 2021– August 2021

- Developed treatment plans for individuals with mental health goals, using therapies such as counseling, behavior modification, psychotherapy and other strategies
- Interacted with patients using an individual or group counseling therapeutic approach to help develop coping strategies for various disorders or stressors
- Participated in crisis intervention procedures when patients are displaying behaviors that are dangerous to themselves or others and referred patients who need additional support to outside specialists
- Provided individual and family counseling and behavioral support services that couple with Cognitive Behavioral Therapy

Department Of Women And Child Development, Research Assistant

October 2018- January 2019

- Worked on a project named "Opportunities and Challenges in Digital Literacy: Assessing the impact of Digital Literacy training for empowering urban poor women."
- Gathered, arranged and corrected research data to create representative graphs and charts highlighting results for presentations
- Prepared materials for reports, presentations and submission to peer-reviewed journal publications