**CURRICULUM VITAE**

Simran Malhotra

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**Personal Profile**

Postgraduate in psychology with practical experience assisting psychologists in a clinical setting. Accomplished at conducting assessments and maintaining accurate records of all evaluations. Ability to work collaboratively with physicians and social services to meet the needs of assigned patients.

**Skills**

Behavioral observation, record management, patient assessment, research, IBM SPSS proficiency, fluent in English and Hindi

**Education**

**2020 MSc. Applied Clinical Psychology**

University of Bath

Senior Honours Thesis:

Supervisor: *Dr. Esther Walton*

**2017 BSc. Psychology (Hons)**

Bangor University

Honours Thesis:

Supervisor: *Dr. Thandi Gilder*

**Scholarships and Awards**

2020 Bangor Employability Award (BEA-100)

2017-2020 International Scholarship

**Professional Experience**

**Intern**

Private practice of Dr. Vijay Bhargava

2021

* Collaborated with healthcare professionals in conducting diagnostic intake interviews, administering and scoring psychometric tests/questionnaires
* Scheduled client treatment sessions, updated databases, and maintained confidentiality of client treatment records

**Special Educational Needs (SEN) Teaching Assistant**

Teaching Personnel

2021

* Worked with individuals, small, and large groups of SEN pupils
* Reinforced lessons delivered by the teacher
* Assisted pupils during their therapy sessions
* Transported students in and around the school
* Monitored students during assigned periods to maintain a positive learning environment

**Volunteer**

Private practice of Dr. Vijay Bhargava

2019

* Observed diagnosis taking and treatment of various psychopathological disorders
* Maintained patient records

**Intern**

Niramaya, neuropsychiatric care facility

2018

* Observed patients with ASD, ADHD, MDD, & anxiety disorders
* Developed interpersonal skills through speaking to patients and their respective family members
* Actively engaged with patients before and after treatment/diagnosis to gauge their thoughts
* Learnt to administer the Mental Status Examination (MSE) under head Psychiatrist

**Research Experience**

**Research Assistant**

Department of Psychology

University of Bath

**2021**

* Co-authored an epidemiological review on the impact of combined lifestyle factors (diet, sleep, and exercise) on mental and physical disorders in individuals exposed to Early Life Stress (ELS)
* Extracted data from longitudinal studies to assess the relationship between lifestyle and disease outcomes
* Organized and managed citations using the software Zotero

**Research Assistant, Research Apprenticeship Scheme (RAS)**

Department of Psychology

University of Bath

**2020**

* Assisted researcher Tom Woofenden (Ph.D. student) in conducting a systematic literature review on the association between GABA switch mechanism, Oxytocin administration (and Epigenetic variations in the Oxytocin receptor genes), and Autism Causation
* Carried out preliminary searches using online databases (e.g., PsychInfo, Medline)

**Extra-curricular activities**

* Committee member and social media coordinator for the Indian society at Bangor University in 2020 (**organizational skills/teamwork**)
* Senior Peer Guide for the Department of Psychology at Bangor University from 2019-2020 (**organizational skills/leadership skills/interpersonal skills**)
* Volunteer at NATIONAL ACADEMY OF MEDIA AND EVENTS; Participated in the preparation of *Pehchaan,* a talent show competition organized for underprivileged children in India in 2019 **(administration skills)**
* Dance Instructor at Bangor University (BU) Dance Society from 2019-2020 (**initiative/communication skills/creativity**)