



CHANCHAL

CONTACT

+91 99963 73208

chanchalkashyap392@gmail.com

Ellenabad, sirsa, Haryana

EDUCATION

1. SCHOOL

- Nivedita senior secondary school, Ellenabad (125102), Sirsa

2. GRADUATION

- C.R.D.A.V. girls College of Education, Ellenabad, Sirsa
- Bachelor of Arts with psychology

3. POST GRADUATION

- Fateh Chand College For Women Hisar, Haryana
- Masters in psychology

4. P.G. DIPLOMA

- State Institute For Rehabilitation Training And Research(SIRTAR) Rohtak, Haryana (RCI)
- Post graduation diploma in rehabilitation psychology (RCI)

PROFILE

I am a dedicated and compassionate Rehabilitation Psychology student with a strong passion for helping individuals overcome psychological and emotional challenges. Currently pursuing a Postgraduate Diploma in Rehabilitation Psychology, I have developed a solid foundation in psychological assessment, counseling techniques, and therapeutic interventions. My goal is to assist individuals in achieving personal growth, emotional well-being, and improved quality of life.

I am skilled in case management, behavioral therapy, and psycho-social rehabilitation, with a keen interest in working with individuals facing disabilities, trauma, or mental health issues. With a client-centered approach, I strive to create a supportive and inclusive environment that fosters recovery and resilience.

I am eager to apply my knowledge and practical skills in a professional setting, contributing to the well-being of individuals and communities while continuously learning and growing in the field of rehabilitation psychology.

SKILLS

- . Psychological Assessment
- . Counseling & Communication
- . Intervention Planning
- . Advocacy & Awareness
- . Empathy & Patience
- . Collaboration
- . Problem-Solving
- . Patient interviewing and history taking
- . Training on the Jacobson's progressive muscle relaxation and technique
- . Research and documentation