**CURRICULUM VITAE**

**name NAME: MAYURI BHATIA**

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**CONTACT NUMBER:** +91-9501304302

**AGE:** 29 years

**D.O.B:** 14th February 1995

**CURRENT ADDRESS:** Pocket-A, House no. 734, Sarita Vihar, South-East Delhi, New Delhi, 110076.

**OBJECTIVES**

To utilize my comprehensive academic foundation in clinical psychology, coupled with practical experience in psychotherapeutic interventions, specialization in expressive arts and family therapy, psychological assessments; to support individuals in overcoming mental health challenges. I aspire to foster self-awareness and resilience in patents through evidence-based practices, personalized treatment plans, and innovative therapeutic techniques. With a long-term goal of contributing to the development of psychological theories and practices, I am committed to lifelong learning, research, and making a significant impact in the field of mental health and well-being.

**EDUCATIONAL PROFILE**

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| Programme | Year | Institution | Major | Percentage |
| M.Phil. in Clinical Psychology (RCI) | 2022-2024 | Mahatma Gandhi Medical College and Hospital (MGMC&H), Jaipur, Rajasthan | Clinical Psychology | Final year Result awaited |
| Expressive Arts Therapy in Clinical Practice | 2022 | UNESCO-CID via Fortis Hospital, Gurugram | Expressive Arts Therapy in Clinical Practice | Completed |
| Foundation Course in Special Education (RCI) (distance) | 2020-2021 (6mo) | RCI course via Uttarakhand Open University (UOU), Haldwani, Nainital | Special Education | Distinction with 74.8% |
| M.A. Psychology (regular) | 2018-2020 | IILMU, Gurugram | General Psychology with papers in Clinical Psychology | Distinction with 73.2 % |
| PGD in Counselling and Family Therapy (distance) | 2020-present | IGNOU, New Delhi | Family Therapy | Theory exams passed; re-registered |
| B.A (General) | 2014-2017 | Punjab University affiliated MCM DAV College for Women, Chandigarh | English Literature, Public Administration, Economics | 50% |
| Higher Secondary | 2014 | CBSE Board-  A.P.S Ambala Cantt. | Commerce with IP | 81% |
| Matriculation | 2012 | CBSE Board-  A.P.S Ambala Cantt. | Eng. Comm.,  Hindi,  Maths, Science, Social Science | 70.3% |

**PROFESSIONAL SUMMARY**

**INTERNSHIPS**

* Meera Foundation, Gurugram- Community Welfare as Counselling Psychologist, 2020 (1mo).
* VIMHANS, New Delhi – as Clinical Psychology trainee, 2019 (1mo)
* Citizen Hospital and De-Addiction Centre, Gurugram- as Clinical Psychology trainee, 2019. (1mo)

**ACHIEVEMENTS**

* Asian Cognitive Behavioural Therapies Association (ACBTA) - AIIMS Delhi – Participant as Student Delegate in Asian CBT Congress - 2024.
* SMS Hospital - Participated in Mental Health Awareness Run - 2023.
* MGMC & H - Participated in Quiz Competition in Psychology in Mental Health Week - 2023.
* Amity University – attended Workshop on Neuropsychological Assessment and Rehabilitation - 2022.
* Specialisation - Expressive Arts Therapy in Clinical Practice- UNESCO-CID – registered, Trained at Fortis Hospital - 2022.
* Special Education- RCI recognized course via Uttarakhand Open University (UOU) - Foundation Course in Special Education- 2020 (6 months).
* Specialisation- Family Therapy- IGNOU - PGD in Counselling and Family Therapy - 2020 (incomplete).
* Art Therapy- ICPEM - Certificate Course in Art Therapy - 2022.
* Deram Analysis- ICPEM - Certificate Course in Dream Analysis - 2022.
* RCI- CRE approved workshop by UOU on “National Webinar on Psychological Issues Related to Mental Health and Role of Psychologists – 2021
* Fortis Hospital- online course in Depression and CBT – 2021 (2days)
* Fortis Hospital- online course in Introduction to RIBT- 2021 (3 days)
* Mom’s Belief SOCH- attended workshop on “Neurodevelopmental Disorders co-morbidities and Role of Medicine- 2020 (1day)
* CLASI – attended workshop on ASD: A Global Concern - Solution-Based - 2020.
* Psychological First Aid - John Hopkins University – MOOC - 2020.
* NGO, IILM University, Yuva Goonj – Volunteer work, member - 2020.
* IILM University – President Support Club (Psychology) - 2019.
* IILM University & Fortis Hospital – attended session on Mental Health and Positive Psychology - 2019.
* IILM University- attended workshop on Psychometric Testing (MBTI)- 2018
* IILM University- attended session on Mental Health- 2018
* IILM University - attended workshop on Empathy and Resilience -2019
* IILM University- attended workshop on Dance Movement Therapy - 2019

**EVENTS HANDLED**

* MGMC&H – member, organising team- Mental Health Awareness Campaign - 2023.
* MGMC & H – member, organising team, and participant in Poster Making Competition on Suicide Prevention Day - 2024 (May 2024) (awareness week).
* Event in-charge for World Suicide Prevention Awareness week Sept. 2019 at IILMU as the President of Support Club (Dept. of Psychology).
* Organising member- Suicide Prevention Day (10th Sept. 2018)- in 3 days awareness programme on suicide prevention at IILMU, Gurugram.
* Organised and attended Workshop on Emotional Intelligence held at IILMU Campus (Sept. 2018).
* Event organising member at MOSAIC’19 (IILMU Fest) – Street Play.

**EXTRA CURRICULAR ACTIVITIES**

Sports (Punjab University Inter College Sports Competition)

Team Captain (rowing)

* Rowing Coxless four 500M (2017)- second position.
* Rowing Coxless four 500M (2016)- third position.
* Swimming Medley relay 4x100 (2016)- third position.
* Swimming Freestyle relay 4x100 (2017)-third position.
* Individual participation in 5k marathon held by Enactobolt 2.0 Spectrum 2017
* British Council - Certificate in Introduction to Creative Thinking- 2017.
* Instituto Cervantes - Spanish Language Course A1.1 - Certification – 2018
* Attended workshop on Personality development held by Let’s talk & Recraft Academy Pvt. Ltd.

**PERSONAL STRENGHTS**

* Emotional
* Positive and spiritual
* Hard working
* Keen learner, progressor
* Team worker, open-minded
* High spirited person
* Observant

**HOBBIES/INTERESTS**

* Swimming and Rowing
* Clinical Psychology, human behaviour and personality, biological foundation of behaviour
* Administration of psychometric tests and analysing its results
* Personal journal writing
* Painting, mandala art
* Reading and Collecting books
* Animal lover

**PERSONAL PROFILE**

**Mother’s Name:** Mrs. Madhu Bhatia

**Father’s Name:** Colonel Sanjay Bhatia

**D.O.B:** 14th February 1995 (29years)

**Gender:** Female

**Marital Status:** unmarried

**Nationality:** Indian

**Religion:** Hindu

**REFERENCES**

1. Dr. Sunita Purty

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MGMC & H, Jaipur

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1. Dr. Rejani T Gopalan

Dean and Professor

School of Special Education and Clinical Psychology

Apex University, Jaipur

Contact number: +919909256142

**DATE: PLACE:**