RESUME

| Name Designation Date of birth | : : : | VRUSHALI SANTOSH PANDIT Counsellor 11/11/1984 |
|--|-------------|--|
| 4. Nationality | : | Indian |
| 5. Name and address Of Organization where presently employed | : | TATA MEMORIAL CANCER hospital, Kharghar |
| 6. Date of appointment | : | 06.07.2021 |
| 7. Residence address | : | 604,Sai Regency, plot no 17, Sector-15, Kamothe, Navi Mumbai - 410209 |
| 8. Contact Nos. Email | : | 8329677945, 7083898671 <u>vrushali1111pandit@gmail.com</u> |

9. Academic qualification :

| SR. | NAME OF | BOARD / | YEAR OF | PERCENTAGE | CLASS |
|-----|---|---|------------------|------------|------------------------------------|
| NO. | EXAM. | UNIVERSITY | PASSING | OF MARKS | |
| 1 | SSC | Maharashtra State Board of Secondary and Higher Secondary Education Pune | March 2000 | 51.06 | Second class |
| 2 | HSC | Maharashtra State Board of Secondary and Higher Secondary Education Pune | December 2002 | 48.66 | Second class |
| 3 | B.A. | SNDT University, Mumbai | March 2010 | 51.00 | Second class |
| 4 | B.Ed. | SNDT University, Mumbai | March 2011 | 73.59 | First class |
| 4 | M.A. (Marathi) | Shivaji University, Kolhapur | April 2014 | 51.00 | Second class |
| 5 | M.Ed. | Dr. Babasaheb Ambedkar Marathwada University Aurangabad | June 2015 | 72.30 | First class with distinction |
| 6 | M.A. (Psychology) | Dr. Babasaheb Ambedkar Marathwada University Aurangabad | March 2018 | 70.80 | First class with distinction |
| 7 | Post Graduate Diploma In Counselling Psychology | Gujarat University | 2020 | 73 | First class with distinction |

10. Work experience:

| Designation | Scale of Pay | Name & address of University / Institute | Type of Organization | Period of Experience | | Nature of Duty |
|------------------------------|------------------------------------|--|-------------------------|--|----------------------------------|-------------------|
| | | | | From (dt.) To (dt.) | Total Duration | |
| Supervisor and Counsellor | Rs.31,250/- | TATA Memorial Hospital, Kharghar, Navi Mumbai | Central Govt. | 06/07/2021 Presently Continue in same job | 2 year 8 Months (Continue) | Regular/Full-Time |
| Trainer and Counsellor | Rs.40000/- | INTAS Biopharmaceutical, Ahmedabad | Pvt. | 01/12/2020 04/07/2021 | 7 Months | Regular/Full-Time |
| Counsellor | Pay as per Number of clients | Mehrizm foundation in Ahmedabad | Pvt. | 01/01/2021 01/01/2022 | 1 Year | Regular/Part-Time |
| Lecturer (C.H.B.) | Rs.2000/- | Government College of arts and science, Aurangabad | State Govt. | 07/06/2015 30/03/2017 | 1 Year, 9 month, 23 days | Regular/CHB |
| Lecturer | Rs. 10,000/- | Shiv Chatrapati Junior College, Zalta, Aurangabad | Pvt. | 01/06/2014 01/05/2015 | 11 Months | Regular/Full-Time |
| Teacher | Rs. 7000/- | PSBA English Medium School (CBSE), Aurangabad | Pvt. | 01/07/2012 01/06/2014 | 1 Year, 11 months | Regular/Full-Time |
| Teacher | Rs. 4000/- | Shree Shreemant Shivajiraje English Medium School, Phaltan, Dist. Satara | Pvt. | 01/07/2011 01/05/2012 | 10 Months | Regular/Full-Time |

Total teaching experience: -05 Years 09 Months Total Nonteaching experience: - 04 years 10 months

| Sr. | Skills Name |
|-----|---|
| No | |
| 1 | Qualitative – Analysis with NVivo held from 18 th and 19 th November organized by COMMACAD |
| 2 | Data–Analysis with EXCEL held on 27 th November organized by COMMACAD |
| 3 | Data–Analysis with SPSS held from 9 th and 10 th December organized by COMMACAD |
| 4 | A Ten days National online capacity building programmer on Research Methodology and the Magic of |
| | Statistics held between 26th February 2024 to 6th march 2024 INDIAN COUNCIL OF SOCIAL SCIENCE |
| | RESEARCH (ICSSR) WRC, MUMBAI RMC- ICSSR/2023-24-299 |

| Sr. | Year | | International | National | State/Regional | |
|-----|---------|-----------|---------------|----------|----------------|--|
| No. | | | Level | Level | Level | |
| 1 | 2019-20 | Attended | | | | |
| | | Presented | 02 | | | |
| 2 | 2020-21 | Attended | | | | |
| | | Presented | | 01 | | |
| 3 | 2021-22 | Attended | | | | |
| | | Presented | 01 | 02 | | |
| 4 | 2022-23 | Attended | 01 | | | |
| | | Presented | | 02 | | |
| 5 | 2023-24 | Attended | 02 | | | |
| | | Presented | | | | |

11. Total number of participation/ presentations in conferences/seminar (in numbers):

- The Role of Guidance needs and Emotional Intelligence on Smartphones Addiction among Adolescents ISSN: 2454 – 7905 SJIF Impact Factor: 8.278 Worldwide International Inter Disciplinary Research Journal A Peer Reviewed Referred Journal Quarterly Research Journal
- Women Issues and reformist ideas from the literature of reformer: Pandita Ramabai MAH/NAN/10936/2015 ISSN: 2454-7905 SJIF 2022 Impact Factor: 7.479
- Marathi Manasshastra Parishad; 7th national conference 31 March 2022 उच्च माध्यमिक विदयालयाच्या विदयार्थ्यांची संघर्ष व्यवस्थापन शैली व समायोजन क्षमता - एक अभ्यास
- 3rd international conference health care & well being : Current trends & challenges book of abstracts organizers 30-31 October 2021 सेवा क्षेत्र और व्यवसाय क्षेत्र के व्यक्ति के व्यक्तिमत्व पर चिंता तणाव एवम् अवसाद कारकों का कार्यस्थल पर असर एक तुलनात्मक अभ्यास
- Psychological well-being in pandemic era ISBN number 978-81-9444804-3-3 Children University Gandhinagar Gujarat Kaamkaji Purush aur kaamkaji mahila ke swasthya aur manovigyanik kalian ka tulnatmak adhyayan (Hindi)
- International Mental Health Conference "Holistic Healing Foundation of India". Subject-"YOGA PHYSICAL - MENTAL HEALTH Paper Presentation", on 10th & 11th October 2019, in Gujarat University
- International Mental Health Conference "Holistic Healing Foundation of India". Subject-"Dream Analysis Poster Presentation", on 10th & 11th October 2019, in Gujarat University

13. TOTAL RESEARCH PAPERS PUBLISHED IN PEER REVIEWED / UGC LISTED JOURNALS: 05

Joushali

Vrushali Santosh Pandit