

SAMIRA MUSHARAF AZIZ

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Aspiring psychologist with internship experience from past 4 years. My ability to synergize empathy and knowledge makes me a good fit in the field of psychology. My skill set include Effective communication, building client relationships and maintaining strict confidentiality. I look forward to implement my practical skills and theoretical knowledge about the subject that will create a significant contribution in the lives of people and society.

EDUCATION QUALIFICATION

AMITY UNIVERSITY

B.A + M.A- Clinical Psychology.

Dissertation – *Correlation between Dark Triad and Aggression among Adolescents.*

NOIDA

2018-2022

SARVODAYA KANYA VIDYALAYA

(SENIOR SECONDARY SCHOOL)

Science

NEW DELHI

2016-2018

WORK EXPERIENCE

UMEED – A DROP OF HOPE

Social work Intern

KHANPUR

August- September 2022

- Enhanced public understanding of government awareness campaigns.
- Raised awareness about global climate change and sustainable options available.
- Raised awareness about the objectives and projects associated with the NGO.
- Fund-raising drives.

WE AVEC U TRUST

Psychology Intern

NOIDA

May – July 2022

- Working with juvenile delinquents at Juvenile Justice Board by drafting intervention plans, managing the sessions and aiding in overall wellbeing.
- Undertaken interviews and case studies of juvenile.

THE HAPPY TREE HOSPITAL

Psychology Intern

VIVEK VIHAR

October 2021 – March 2022

- Worked with patients in IPD.
- Took case history of patients.
- Conducted group therapy with IPD patients.
- Observed administration of Audio-visual entrainment (AVE), Cranio-electro stimulation (CSE), Transcranial Direct Current stimulation.
- Observed patients suffering from mild to severe stress, depression, psychotic disorders, Intellectual disability, Substance abuse disorders.

THE HAPPY TREE HOSPITAL

Psychology Intern

VIVEK VIHAR

June - August 2021

January – February 2021

- Dealt with patients in IPD
- Assessing clients' behavior and needs via observation, interviews
- Patients with varying degrees of stress, depression, psychotic illnesses, intellectual impairment, and substance abuse disorders were seen.

VIMHANS

Psychology Intern

NEHRU NAGAR

December 2019 – February 2020

(12 Visits)

- Worked with Patients in Day care
- Observed patients in OPD

FORTIS HEALTHCARE

Psychology Intern

OKHLA

2019

- Area – Counseling Psychology
- Case history taking.
- Volunteer at Swashrit Society for an UN Project.
- Participated in various seminars and group discussions.
- Assisted in psychotherapy and communicated with patients to educate them on different mental disorders and treatment.
- With the supervision of psychiatrist went on IPD rounds.

CERTIFICATE

TEFL COURSE

REMOTE- ONLINE

January 2023

- Completed 120 Hours

CHILD PSYCHOLOGY- NEUROSCIENCE AND DEVELOPMENT

REMOTE- ONLINE

January 2023

- Learnt how to interact with children, influence their behaviour and connect with them.

BUNIYAD EDUCATIONAL & SOCIAL WELFARE

OKHLA

9 September 2021

- Organized a seminar regarding mental health awareness.

BRITISH COUNCIL

REMOTE- ONLINE

August 2021 – October 2021

- General English course.
- Upper Intermediate Level

BRAIN FUNCTION THERAPY

REMOTE- ONLINE

21 February 2021

- Lobes of the Brain.
- Got the theoretical knowledge about EEG, EMG, EDG to record the activity of the Brain, Muscles, Eye moment.

AMERICAN PSYCHIATRIC ASSOCIATION

REMOTE- ONLINE

23 February 2020

- COVID-19 and Mental Health.

SKILLS AND INTEREST

- **Technical:** Microsoft Word, Microsoft PowerPoint, Microsoft Excel
- **Interests:** Clinical Psychology, Research and Social Work
- **Skills:** Creative Writing, Time Management, Problem Solving, Communication and Interpersonal Skills, Critical Thinking, Leadership Skills, Patience

PERSONAL DETAILS

- **Father's Name:** Musharaf Aziz
- **Date of Birth:** 11 June 1999
- **Gender:** Female
- **Nationality:** Indian
- **Marital Status:** Unmarried
- **Language:** English, Hindi, Urdu