

## CURRICULUM VITAE

**Dr. SHWETA KIRAN**

**Add:** Oxirich, Koyal Enclave, Ghaziabad  
201005

**Permanent Add:** Durga Bari, Bhatta Bazaar, Pumea, 854301, Bihar

**Mob:** 8826835579, 7996042804

**Email:** [shwetanew15@gmail.com](mailto:shwetanew15@gmail.com)

### Objective

Aspire for a challenging career with an organization where my skills and abilities are utilized at fullest extent while handling wide range of responsibilities and challenges.

**Desirable Post:** Consultant

### Academic Qualification

| Experience and Degree                           | Duration         | Year         | Institution  |
|---|------------------|--------------|--|
| MD In Psychiatry                                | 3 years          | 2016 to 2019 | J.N. Medical College. KLE University.<br>Belgaum, Karnataka  |
| M.B.B.S. &<br>Compulsory Rotatory<br>Internship | 5 & 1/2<br>years | 2006-2012    | B.P. Koirala Institute of Health Sciences<br>Dharan, Nepal<br>B.P. Koirala Institute of Health Sciences<br>Dharan, Nepal |

- SENIOR RESIDENCY IHBAS, DELHI 3 YEARS, 2019 to 2022 IHBAS. DELHI

- Worked as Consultant Psychiatrist in Tulasi Healthcare, Gurugram from 15th Feb 2023 to 15th October 2024

### Additional skills

Psychotherapy

Electro-convulsive therapy

Behavior therapy

Cognitive behaviour therapy

ERP

Brief Intervention, MET, Relapse prevention

Routine psychological assessments and rating scales

### Thesis Topic

- Role of Brief Yoga Therapy as an Adjunct to Pharmacotherapy In patients with uncomplicated alcohol withdrawal: An open label randomized control Trial.

### Oral Paper

- Effectiveness of brief yoga therapy to pharmacotherapy in uncomplicated alcohol withdrawal patients. (KANCIPS 2018, August)

Poster presentation

- Acute tubular necrosis due to alcohol induced delirium: a case report (JNMC SCIENTIFIC SOCIETY ANNUAL CME-2017, April (3rd prize))

- Brief yoga therapy as an adjunct to pharmacotherapy in uncomplicated alcohol withdrawal cases : pilot open label randomised control trial (annual post graduate CME-2018, MARCH)

- Recurrent Acute Dystonia In an adolescent male on low dose Risperidone with Mental Retardation: A case report (ANCIAPP 2017, November)

### Teaching experience

- Teaching experience for post graduates at IHBAS, DELHI for 3 years

- Bedside teaching for under graduate medical students during Post Graduation residency for three years

- Resident in Department of Psychiatry at J.N. Medical College. Belgaum, Karnataka. 2024

I hereby declare that the Information given above is true to the best of my knowledge and belief.

Dr. SHWETA KIRAN