

Curriculum Vitae

PAYAL

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EDUCATIONAL QUALIFICATIONS :

1. Post Graduate Diploma in Counselling and Family Therapy from Indira Gandhi National Open University.
2. M.PHIL in Home Science (Human Development) from NIMS University Jaipur, Rajasthan, India.
3. M.SC in Home Science (Human Development) from Banasthali Vidyapeeth, Tonk, Rajasthan, India.
4. B.SC IN HOME SCIENCE from Teerthankar Mahaveer University, Moradabad, Uttar Pradesh, India.

SUBJECTS TAUGHT IN UNDERGRADUATE AND POSTGRADUATE COURSES:

Under graduate courses: Home science, Extension and Community Development Introduction to family Resources Management, Life Span Development, Textile Science and Fabric Care, food and Nutrition, Environment Science, Dynamics of Marriage and Family, Foundation English, Program planning and Evaluation, Human Physiology, Early Childhood Care and Education, Technical communication, Human development and Human Psychology, Computers Fundamental, Entrepreneurship Management.

Postgraduate Courses: Introduction to Computer, Research Methods in Human Development and Scientific Writing, Theories of Human Development, Advanced Study in Human Development(conception to childhood),Statistical Methods in Human Development, Early childhood Care and Education, Adolescence and Youth, Social psychology, Contemporary issues and concerns in human development, person with Special need ,Introduction to Guidance and Counseling, Curriculum for Early years ,Child in the Family, Adulthood and Ageing, Parent and Community Education,

Abnormal psychology, Principles and Procedures in Guiding and Counseling ,Guidance and Coping in Crisis.

SEMINARS AND WORKSHOPS ATTENDED :

- Participation Certificate of Workshop on Methods of Dietary and Anthropometric Assessment Moradabad Uttar Pradesh, 2012.
- Six month classical Music Course, (Akhil Bhartiya Gandharv Mandal, Mumbai), Moradabad Uttar Pradesh, 2014.
- Participation Certificate of Workshop on Screen Printing, Moradabad Uttar Pradesh, 2015.
- Participation Certificate of Drama Competition (SAVE WOMEN SAVE HUMANITY), Moradabad Uttar Pradesh, 2015.
- Participation Certificate of 5th International Conference on Retail: Challenges Issues and Practices, Moradabad, Uttar Pradesh, 2015.
- Volunteer Certificate in Hue Musical Extravaganza Team in Banasthali University Rajasthan, 2016.
- Participation Certificate in Mass Display (2nd position) Banasthali University Rajasthan, 2017.
- Participation Certificate of National Seminar on Social Status of Indian Muslim Women, Meerut Uttar Pradesh, 2018.
- Appreciation Certificate of Train the Trainer's Workshop. Ajmer Rajasthan, 2018.
- Participation Certificate of Workshop on Effective Classroom Teaching: Pedagogical Innovations, NIMS University Jaipur, Rajasthan, 2018

INTERNSHIP:

45 Days Internship certificate in Mental Health from Vidhyasagar Institute for Mental Health Neuron and allied Sciences. New Delhi in 2016.

STRENGTH:

- Good Communications skill
- Self-confident & great patience
- Willingness to learn
- Adoptability to change environment.

PERSONAL:

Date of Birth : 12/03/1995

Husband Name: Mr. Ashish Saini

Sex: Female

Marital Status: Married

Nationality : Indian

Language Known: English and Hindi

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