

RISHABH JAIN

THE LIFE SO SHORT, THE CRAFT SO LONG TO LEARN.

P. +91 8882128584 E. psychheal1@gmail.com

Respected,

Dear sir/Ma'am

I am submitting my resume in response to a job announcement at your Organization. I have graduated in B.A Psychology from Dr. Bhim Rao Ambedkar College, Delhi University, New Delhi and post graduate degree in M.A Psychology from Rudra Institute of Technology, Chaudhary Charan Singh University, Meerut, UP and another Post graduate degree in M.Sc in Counseling and Family Therapy from Lady Hardinge Medical College, IGNOU, Delhi. Currently I Completed M.Phil Clinical Psychology (RCI recognized) from Amity University Chhattisgarh affiliated with AIIMS RAIPUR (Result awaited).

My skills Proficient in diagnosing conditions and conducting Individuals and Group Counseling & Therapy sessions. I have strong knowledge of Psychological assessments tools and therapy techniques with the ability to develop and implement treatment plans based on clients needs. I have excellent communication and active listening skills with empathetic and compassionate approach towards clients. The knowledge combined with the work experience makes me more suitable for the work.

I would welcome the opportunity to meet with you and to discuss my qualifications in more detail.

Thank you for consideration

Sincerely Yours,



RISHABH JAIN



CAREER OBJECTIVES

To be a part of work culture that provides me the opportunity to put my skills to its best use and turn assist me in my personal development.

Highly motivated and dedicated psychology professional with a strong educational background and practical experience in psychotherapy seeking a position in psychology that allows me to apply my knowledge and skills to help individuals in their mental and emotional well-being.

QUALIFICATION

Bachelors of Arts (Psychology)

Dr. Bhim Rao Ambedkar College

Delhi University, Delhi

Year of Admission. 2016

Year of Passing. 2019

Masters of Science (Counseling and

Family

Therapy)

Lady Hardinge Medical College

IGNOU, Delhi

Year of Admission. 2019

Year of Passing. 2021

Masters of Arts (Psychology)

Rudra Institute of Technology

CCSU, Meerut, U.P

Year of Admission. 2020

Year of Passing. 2022

M.Phil Clinical Psychology

Amity University,

Chhattisgarh

Year of Admission. 2023

Year of Passing. 2025 (Result awaited)

RISHABH JAIN

THE LIFE SO SHORT, THE CRAFT SO LONG TO LEARN.

P. +91 8882128584 E. psychheal1@gmail.com

Language known

- Hindi
- English

Research

- An investigation into female teachers manage stress and teacher's burnout in Delhi and surrounding areas.
- Effect of Parenting style among Children's Emotional and Behavioral Problems.
- Application of MBCT on Depression.

Experience

- Practice experience in Dept. Of Psychiatry & Drug De Addiction centre, Lady Hardinge Medical College as Psychologist Trainee.
- 5 months of experience in Dept. of Psychiatry, University College of Medical sciences as Psychologist Trainee.
- 5 months of experience in Mindcare clinic, Delhi as a working Psychologist.
- 1 year of experience in Tele-counselling and therapy sessions as Pvt. practicing Psychologist.
- Experience in PsychHeal, Delhi as a Pvt. Practicing Psychologist.
- Ongoing Clinical training in AIIMS Raipur as a Clinical Psychology Trainee

Job Profile

- Case History & MSE, Diagnosis According to ICD 10 & DSM
- Conducting Individuals therapy sessions to support client's Mental Health.
- Conducting Group Therapy session.
- Administer various Psychological assessments and interpret them.
- Maintain ethical standards and confidential client records.
- Collaborated with the multi-disciplinary team to develop treatment plan.

Extra Curricular Activity

Participated and represented school and college at the various programs. Was the student of Monarch Public School and followed by higher Secondary from Govt. Boys Sr. Sec. School, Delhi.

Strength

Self-Discipline, Good Public relations and organization skills.

References

Available on request.