

Nikita Tyagi

Clinical Psychologist/Counsellor

Contact

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WWW
[Bold Profile](#)

Skills

- ABA Therapy
- Mandala Art Therapy
- Anger Management
- Stress Management
- Counselor
- Child Counseling
- Group Therapy
- Individual Therapy
- School Counseling
- Behavior reduction
- Peer interaction
- Applied behavior analysis
- Mental health counseling
- Patient counseling

Personable and empathetic, with strong dedication to supporting individuals with developmental disabilities. Understanding of behavioral therapy principles and proficient in implementing tailored intervention plans. Committed to fostering positive behavioral changes and enhancing quality of life for clients.

Work History

2023-06 - 2024-04	ABA Home Therapist <i>Self-employed, Noida</i> <ul style="list-style-type: none">Monitored and documented client progress using data collection techniques.Developed individualized treatment plans based on ABA principles to help clients reach goals.Implemented behavior intervention plans, increasing positive behaviors and reduce challenging behaviors.Conducted parent training sessions focused on teaching behavior management strategies.
2023-02 - 2023-05	ABA Therapist <i>CogniAble, Gurgaon</i> <ul style="list-style-type: none">Monitored and documented client progress using data collection techniques.Implemented behavior intervention plans, increasing positive behaviors and reduce challenging behaviors.Implemented individualized treatment plans developed by clinical supervisors to serve patients with diverse needs.

Education

Expected in 2026-04	Ph.D.: Clinical Psychology <i>Galgotia University - Noida, India</i> PhD Research Topic: <i>Marriage Attitude and Emotional Maturity</i> Conducting in-depth research on the psychological and social factors influencing attitudes toward marriage and the role of emotional maturity in relationship dynamics.
2023-02	Master of Arts: Clinical Psychology

Languages

English
Bilingual or Proficient (C2)

Hindi
Advanced (C1)

Amity University - Noida

2024-03

Diploma In Child Psychology: Clinical Child Psychology

Counsel India - Noida

Certifications

2024-11	School Counseling
2024-09	Childhood Trauma
2024-12	Suicide Management