

SHREEMOYEE MUKHERJEE

Clinical Psychologist (*RCI License Awaited*)

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I am a dedicated Clinical Psychologist trained in diagnosing psychiatric conditions, conducting comprehensive psychological assessments, evidence-based therapeutic methods and a deep commitment to ethical, client-centered practice. My approach is rooted in active listening, flexibility, and a nuanced understanding of human emotions. I strive to create a safe and supportive space for individuals to explore their challenges while continually expanding my knowledge through ongoing learning, clinical developments and current research. With a passion for mental health and well-being, I aim to promote meaningful change and resilience in the lives of those I work with.

EDUCATIONAL QUALIFICATIONS

COURSE	INSTITUTION	YEAR	RESULT
M.Phil. (Clinical Psychology)	Gwalior Mansik Arogyashala, Gwalior	2025	76.7% (1 st year) Result awaited for 2 nd year
M.Sc Clinical Psychology	National Forensic Sciences University, Gandhinagar	2022	8.68 CGPA
B.Sc. (Hons.) Psychology	Calcutta University	2020	60.88%
ISC (Class XII)	Modern High School for Girls, Kolkata	2017	86.5%

WORK EXPERIENCES

POSITION	DESCRIPTION
Clinical Psychology Trainee Gwalior Mansik Arogyashala, under Dr. Ranjeet Kumar (August'23 – July'25)	<ul style="list-style-type: none">Conducted 400+ clinical interviews and mental status examinations across the age groups.Completed psychological assessments for 200+ clients.Delivered 800+ hours of individual therapy using CBT, DBT, and other modalities.Managed rehabilitation of long-stay in-patients with schizophrenia, intellectual disability, etc.Collaborated in multidisciplinary care planning with psychiatrists, psychiatric social workers and families.Organized awareness programme on suicide.Presented case conferences on therapy of BPD and OCD.Presented dissertation on "Exploring Psychological Resources, Interpersonal Relatedness and Self Perception of Women using Recreational Substance"Conducted Aptitude Tests for Kendra Vidyalaya Students and Personality Assessments for BSF Trainees.
Posted at Neurology Department, Gajra Raja Medical College (1st February'25-1st March'25)	<ul style="list-style-type: none">Administered neuropsychological assessments and provided patient counseling in collaboration with consultant neurologists.

PROFESSIONAL SKILLSET

DISORDERS DEALT WITH	THERAPIES DONE	TESTINGS DONE
<ul style="list-style-type: none">Schizophrenia SpectrumMood DisordersAnxiety Disorders (GAD, Panic Disorder, OCD, etc.)Dissociative DisorderSubstance Abuse (majorly Alcohol, Opioid and Cannabis)Personality Disorders (majorly Cluster B and C)AutismAttention Deficit Hyperactivity DisorderSpecific Learning DisorderIntellectual Disability	<ul style="list-style-type: none">Cognitive Behaviour TherapyDialectical Behaviour TherapyMindfulness Based Cognitive TherapyBehaviour TherapyRelaxation TherapyMarital TherapySex TherapyMotivational Enhancement TherapySolution Focused TherapyTrauma Focused TherapySchema Therapy	<ul style="list-style-type: none">Personality Testing – Rorschach, Thematic Apperception Test, Minnesota Multiphasic, Personality Inventory, Temperamental and Characteristics Inventory, etc.IQ Testing - Weschler Intelligence Test (across age groups), Bhatia Battery of Intelligence Test, MISIC, GDT, VSMS, etc.Neuropsychological Batteries – Luria Nebraska, Neuropsychological Battery, PGI-BBD, Weschler Memory Scale, etc.Specific Learning Disorder AssessmentVarious Scales for Depression Anxiety

RESEARCH PROJECTS

- "A Comparative Study Of Interpersonal Relationships And Self-Concept Between The Young And Middle-Aged Adults With Substance Dependence" (National Forensic Sciences University, under the guidance of Dr. Biswajit Dey, 2022)
- "Exploring Psychological Resources, Interpersonal Relatedness and Self Perception of Women using Recreational Substance" (Gwalior Mansik Arogyashala, under the guidance of Dr. Ranjeet Kumar, 2025)

INTERSHIPS

- Clinical Psychology Intern
Antara Psychiatric Hospital and Rehabilitation Centre, West Bengal (Feb-Apr, 2022)

CERTIFICATES

- Certificate, Conducted a workshop on "Common stressful events among youth and how to cope with it", at Ved International School, Gandhinagar
- Certificate, Use of Projective Tests in Promoting Mental Health, Institute of Mental Health, Agra
- Certificate, Child Psychotherapy in Special Conditions, Gwalior Mansik Arogyashala
- Certificate, Somatic Inkblot Series, Gwalior Mansik Arogyashala
- Certificate, National Conference of Society for Addiction Psychology on Addiction Among Youth, Amity University Gwalior.
- Certificate, Skill Enhancement- through the practice of movement psychotherapy by Mitul Sengupta.
- Certificate, Suicide prevention workshop by Dr Era Dutta.
- Certificate, Decoding millennials workshop by Dr Era Dutta.
- Certificate, Dreams and its interpretation workshop by Psychoshiksha.
- Certificate, Exploring the mind of the child' webinar by Eastern Zonal Psychological Association.
- Certificate, 50 hours workshop in Clinical Psychology by Fortis Healthcare and Sukoon Health.

LANGUAGES KNOWN

- English (Fluent)
- Hindi (Fluent)
- Bengali (Native)

EXTRA-CURRICULAR ACTIVITIES

- Volunteering: Disha NGO, CRY (Child Rights and You), Bhumi NGO
- Certificate: Bharatanatyam classical dance and Rabindranritya

REFERENCES

Dr. Ranjeet Kumar

Clinical Psychologist, HOD of Clinical Psychology,
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Dr. Deepti Mishra

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