

Anushka Singh

Clinical Psychology Aspirant | Ranchi, India | M: 8797368787 | Email: anushkasinghrnc2003@gmail.com

SUMMARY
Dedicated and compassionate Clinical Psychology postgraduate with hands-on experience gained through internships in clinical, hospital, and NGO settings. Skilled in psychological assessment, counseling, and client-centered therapeutic approaches. Passionate about mental health advocacy and eager to apply academic knowledge and practical skills in a full-time role that contributes to individual well-being and community mental health. Actively seeking new opportunities to grow as a mental health professional.

PROFESSIONAL EXPERIENCE		
Mind Ease -Psychological Service and Wellness Center Clinical Psychology Intern New Delhi	Sep'23-Nov ,23	<ul style="list-style-type: none">Collected and documented detailed psychological case histories.Conducted supervised MSEs and preliminary assessments.Gained practical exposure to structured clinical therapeutic settings.
Moolchand Hospital Clinical Psychology Intern New Delhi	Jan'24-Mar'24	<ul style="list-style-type: none">Observed and assisted in occupational therapy sessions.Collaborated with multidisciplinary teams for case discussions.Participated in patient interaction, behavior tracking, and clinical documentation.
RINPAS Clinical Psychology Intern Ranchi	June'24-July'24	<ul style="list-style-type: none">Assisted licensed psychologists and psychiatrists in clinical practice.Participated in preparing case files and conducting Mental Status Examinations (MSEs).Engaged in detailed client observation and supported diagnosis procedures.Worked in Psychiatry wards .
VOLUNTEER WORK		
Saday Sadev NGO Community Volunteer New Delhi	Jan'24- Mar'24	<ul style="list-style-type: none">Took part in community outreach and mental health awareness programs.Contributed to observation-based activities focused on psychological well-being.Supported staff in organizing events promoting emotional resilience and support.

EDUCATIONAL QUALIFICATION			
DEGREE	INSTITUTE	%/CGPA	Year
M.A. Clinical Psychology	Amity University, Noida	6.95	2025
Bachelor of Arts	Banasthali Vidyapith,Rajasthan	6.75	2023

KEY SKILLS	
Mental Status Examination (MSE)	Skilled in conducting MSEs and using standardized tools.
Case History Documentation & Client Observation	Proficient in recording detailed case histories and conducting behavioral observations in clinical settings.
Communication & Counseling Skills	Strong interpersonal abilities with foundational knowledge of therapeutic communication and client-centered approaches.
Research & Analytical Skills	Experienced in academic research, including data collection, tool application, and interpretation of findings.

RESEARCH WORK
The Impact of Procrastination and Maladaptive daydreaming among University Students. MAY'25

CERTIFICATIONS	
Certificate in FRENCH (Banasthali Vidyapith)	April 2021
Diploma in FRENCH B1 -B2 Level (Hendry Harvin)	May 2024