

CURRICULUM VITAE

Huda Naaz

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EDUCATION

2021 M. Phil.In Clinical Psychology

Institute of Human Behaviour and Allied Sciences
Department of Medical Sciences
University of Delhi

Honors Thesis: *Dysfunctional thoughts about caregiving and Familism among Caregivers of Mentally Ill.*

Supervisor: *Professor Dr. Naveen Grover*

Obtained Marks: 761

Maximum Marks: 1200

2017 M.A. in Applied Psychology

Jamia Millia Islamia, Delhi

Honors Thesis: *Multidimensionality of Peer Pressure, Emotional Autonomy & General Health among Adolescents*

Supervisor: *Professor Dr. Sushma Suri*

CGPA: 8.53

2015 B.A. (Hons.) Psychology

Jamia Millia Islamia, Delhi

CGPA: 9.6

LICENSURE AND MEMBERSHIP

Licensed Clinical Psychologist

Rehabilitation Council of India

CRR Number: A81781

AWARDS & SCHOLARSHIPS

2017 Qualified UGC National Eligibility Test (NET) for Assistant Professor (Lectureship)

2012-2015 Received Merit Scholarship for being an outstanding student in Psychology

2015 Awarded Gold Medal on Convocation Day

2015 Certificate of Regularity and Good Conduct

TEACHING EXPERIENCE

Assistant Professor (Guest Lecturer)

Department of Psychology
University of Delhi
December, 2021- August, 2022.

Responsibilities:

I taught postgraduate courses in Clinical Psychology, Stress and Health, and Advanced Social Psychology. I was also responsible for supervising the design and execution of the practical components of these courses.

RESEARCH EXPERIENCE

Junior Research Fellow (Clinical Psychologist)

Division of Trauma Surgery & Critical Care, JPNATC,
All India Institute of Medical Sciences, New Delhi
August, 2022- March, 2023.

Responsibilities:

I assisted Professor Dr. Sushma Sagar and Professor Dr. Rajesh Sagar in the project titled “Impact of rTMS versus drug therapy on phantom limb pain in lower limb amputation patients: A Randomized control trial”. As a clinical psychologist in consultant liaison psychiatry, I provided psychological support to patients undergoing treatment for traumatic surgical conditions. My responsibilities included conducting psychological evaluations, offering individual and group therapy, providing psychoeducation to patients and their families, and collaborating with medical teams for integrated care. Additionally, I engaged in research activities, performing statistical analysis and disseminating findings to advance understanding and treatment practices.

PROFESSIONAL EXPERIENCE

Consultant Clinical Psychologist

Anandam Psychiatry Centre
April 2023- Present.

Responsibilities:

My responsibilities include engaging with clients to gather comprehensive information about their psychological history and current symptoms; administering a variety of psychological tests and instruments to evaluate cognitive, emotional, and personality functioning; implementing evidence-based therapeutic approaches to help clients manage and overcome psychological difficulties.

Consultant Clinical Psychologist

Rejuvenate Mind Clinic
May 2023- Present.

Responsibilities:

My responsibilities include engaging with clients to gather comprehensive information about their psychological history and current symptoms; administering a variety of psychological tests and instruments to evaluate cognitive, emotional, and personality functioning; implementing evidence-based therapeutic approaches to help clients manage and overcome psychological difficulties.

Consultant Clinical Psychologist

Nayar's Clinic

August 2022- Present.

Responsibilities:

My responsibilities include engaging with clients to gather comprehensive information about their psychological history and current symptoms; administering a variety of psychological tests and instruments to evaluate cognitive, emotional, and personality functioning; implementing evidence-based therapeutic approaches to help clients manage and overcome psychological difficulties.

Consultant Clinical Psychologist

The Psych Clinic

August 2022 - August, 2023.

Responsibilities:

My responsibilities include engaging with clients to gather comprehensive information about their psychological history and current symptoms; administering a variety of psychological tests to evaluate cognitive, emotional, and personality functioning; implementing evidence-based therapeutic approaches to help clients manage and overcome psychological difficulties; writing articles that explain various mental health conditions, such as caregiving for dementia, impact of social media on adolescents etc.

Clinical Psychologist Trainee

Institute of Human Behaviour and Allied Sciences

Department of Medical Sciences, University of Delhi

October 2019-December 2021.

Responsibilities:

I conducted clinical interviews and detailed workups in the in-patient and out-patient department of the. I administered various neuropsychological and psychological assessments, made reports for medico legal purpose under supervision, provided psychological intervention in the form of psychotherapy, counselling and guidance worked with the Crisis Intervention Unit of the Hospital designated for mental health services during COVID19. also worked with Sakhi One stop Centre for Women & provided support to the survivors of abuse. I had been part of multidisciplinary team in the development of treatment plans for individual patients.

Assistant Psychologist

Unique Psychological Services,

New Friends Colony

October, 2018 – September, 2019.

Responsibilities:

I was involved in teaching and developing reading material for children with Specific Learning Disability. I conducted various mental health awareness campaigns and workshops in different schools. I taught graduate students aspiring for master's in psychology. I developed reading material for UGC NET Psychology Entrance Exam. I was also involved in writing blogs on sexuality, mental health disorders, etc.

Intern

VIMHANS

July, 2016- August 2016.

Responsibilities:

I was involved in observing therapy sessions and taking case histories. I was involved in actively discussing and understanding the course of treatment with doctors and other care staff.

Intern

Fortis Escort

February 2015 – March 2015.

Responsibilities:

I assisted in organizing patient data and took case histories. I was trained in administration of psychodiagnostics test batteries, scales and inventories.

PROFESSIONAL DEVELOPMENT

- Completed ‘*ICD-11 Diagnostic Requirements for Mental, Behavioural and Neurodevelopmental Disorders: An Online Comprehensive Course*’ cosponsored by the Global Mental Health Academy, the All-India Institute of Medical Sciences, New Delhi, the Indian Association for Social Psychiatry, and the Columbia-WHO Center for Global Mental Health.
- Presented poster titled ‘Evaluation of need for psychological care at Level 1 Trauma Centre’ at Trauma 2022 conference in Association with Asian Trauma Congress 2022 & Region XVI ATLS Asian Pacific Annual Meeting 2022 (18th to 20th November, 2022)
- Single Case Discussions in Psychotherapy” online seminar organised by Department of Clinical Psychology, IHBAS (9-10 March, 2022)
- Workshop on ‘NIMHANS SLD Battery – Introduction, Administration, Scoring and Interpretation’ organised by Tamil Nadu Association of Clinical Psychologists, Chennai, Tamil Nadu (17 July, 2021)
- ‘Online training of psychologists for providing brief and basic telephonic psychological support in the context of COVID-19’ conducted by Department of Clinical Psychology, NIMHANS, (April, 2019)
- Workshop on ‘Ethics in Psychological Research’.
- Workshop on Statistical analysis using Multivariate techniques.
- ‘Educational workshop’ hosted by Special Rehabilitation Sciences and Research Centre in association with All India Special Education Services and Assistance at New Delhi (May, 2017)
- Workshop on ‘Attitude and Behaviour Modulation through Life Skills Training’ held at DIPR, Delhi (2017)
- ‘Peer Educators Orientation Course in Life Skills Education’ held at National Science Centre (2008-2009)

COMPUTER SOFTWARE AND TECHNOLOGY

- Skilled user of Microsoft Excel / Word / PowerPoint
- Skilled at usage of Google Suite Features
- Trained in SPSS

COMMUNITY SERVICE

Volunteer

Taleemi Mela

Jamia Millia Islamia

2016

Responsibilities:

I assisted in organizing mental health camp and provided counselling sessions to the university students.

PUBLICATIONS

Suri, S., Jahan, A., and Naaz, H (2018). Multidimensionality of Peer Pressure as Predictor of Emotional Autonomy and General health. International Journal of Research in Management and Social Science, Volume 6, Issue (II): April – June, 31-37.