

RESUME



OBJECTIVE: To provide services to individual and families and help them how to deal with various types of mental disorders and how patient of any chronic mental illness. It would be a great pleasure for me to give treatment (therapies and counseling) to the patient with psychological disorders.

PERSONAL PROFILE:

Name : Nikita Sharma
D.O.B : 22-11-1994
Sex : Female
Nationality : Indian
Marital Status : Single
Languages Known : Hindi, English

CONTACT DETAILS

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➤ **PROFESSIONAL EXPERIENCE:**

S.NO	DURATION	HOSPITAL	LOCATION
1	One Month (Internship) 2 June to 2 July	Polyclinic Sector 31	Gurgaon
2	Feb 2022 to 2022(Clinical Practice as Clinical Psychologist and Hypnotherapist)	ARTIOS Multispecialty HOSPITAL	PANIPAT
3	15 Days Internship	Vimhans Hospital	New Delhi
4	One Month Internship	Civil Hospital	Panipat, Haryana
5	2 Years Internship	Citizen Hospital/Earth Savior Foundation (NGO)	Gurugram, Haryana
6	One Month Internship	Amar Jyoti Charitable Trust	Karkardooma, New Delhi

➤ **SKILLS**

- Past Life Regression
- Future Progression
- Hand Writing Signature Analysis
- Age Regression
- Corrective Therapy
- Cognitive Behavioral Therapy
- Mindfulness
- Guided Meditation
- Behavior Modification

➤ **EDUCATION QUALIFICATION:**

S.NO	DEGREE OBTAINED	UNIVERSITY/BOARD	SESSION	MARKS
1	M.Sc. (Clinical Psychology)	Amity University, Haryana	2017-2019	66.7%
2	B.A	Kurukshetra University	2013-2017	70%
3	12 TH CBSE	Arya Bal Bharti Public School, Panipat	2013	
4	10 TH CBSE	Arya Bal Bharti Public School, Panipat	2010	

➤ **ADDITIONAL QUALIFICATION**

LEVEL	LEARNING	MONTH/YEAR	PLACE
1	Introduction to Clinical Hypnosis	Jan 2020	California Hypnosis Institute , Gurugram
2	Advance Hypnotic Techniques and Modalities	Jan2020	California Hypnosis Institute , Gurugram
3	Hypnotic Regression Therapy and Foreign Energy Dynamics	Jan 2021	California Hypnosis Institute , Gurugram
4	Behavioral and Medical Concepts of Hypnotherapy	May 2021	California Hypnosis Institute , Gurugram

COLLEGE WORK

DISSERTATION:

1) Research Paper

Topic: - Relationship between Self Esteem and Body Esteem

2) Dissertation

Topic: Family Environment Which Causes Stress and May Leads to Suicidal Ideation

SOCIAL PROJECTS:

1. Child Abuse – Effect on Mental Status
2. Cyber Crime – How to stop it
3. Cyber Crime and Internet Addiction among youth

Recently I have completed POST GRADUATE DIPLOMA IN REHABILITATION PSYCHOLOGY. With this diploma I will get RCI license of Rehabilitation Psychologists in few months. Waiting for result declaration for process completion .