

SOMYA BHATNAGAR

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COUNSELLING PSYCHOLOGIST, GATE 2024 RANK 282

As a Counseling Psychologist, I provide tailored therapy services and have specialized in behavior modification through my role as a Rehabilitation Counselor Trainee. With a background in Applied Psychology and a Master of Science in Psychology, I focus on fostering therapeutic environments and advancing mental health support using evidence-based practices. Additionally, my education at the State Institute of Rehabilitation, Training, and Research enhances my practical skills.

WORK EXPERIENCE (1 YEAR, 4 MONTHS)

Counselling Psychologist, Private Practice Feb 2024 - Present
1:1 counselling, group counselling, workshops and trainings.

Rehabilitation Intern, District Civil Hospital, Rohtak March 2024
Individual counselling, psychological assessments, history taking

Rehabilitation Counselor Trainee, SIRTAR, Rohtak Sept 2023 - April 2024
Psychological assessment, Behavior modification, parent counselling

Clinical Psychology Intern, Vashishtha Neurocare Clinic, Rohtak June 2023
Case history taking, counselling and relaxation therapy, behavioral therapy

Clinical Psychology Intern, LHMC, Delhi July 2022
Case history taking, clinical case presentation, IPD visits

Clinical Psychology Intern, IHBAS DELHI May 2019
Observation, case history taking, foundational knowledge of illnesses

EDUCATION

PGD in Rehab Psychology - SIRTAR, Rohtak - 80% (Final result awaited) 2023 - 2024

PGD in Counselling & Family therapy - IGNOU, Delhi (Final result awaited) 2023 - 2024

Master of Science in Psychology - GJUST, Hissar - 78.1% (1st Division) 2021 - 2023

B.A. (H) Applied Psychology - Amity University Noida - 84.5 % (1st Division) 2018 - 2021

Sr. Secondary (PCB w/ Psych and CS) - DPS Rohtak - 85.25% (1st Division) 2017 - 2018

PRACTICAL TRAINING AND RESEARCH VALIDATION:

- **Languages:** English, Hindi, German, Japanese
- **Certifications:** ACT, CBT, Gestalt, IFS Therapy, Trauma-informed care, Couples Therapy, Queer Affirmative Counselling Practice (QACP)
- **Research and publications:** 2 empirical researches published in International journals. 3 Book chapters published in 2 ISSN books. ([link](#)).