## PANKAJ KUMAR PAL

Central Institute of Psychiatry Campus, kanke Ranchi. Men's hostel CIP kanke Ranchi jharkhand. 834006 9305316612 | pankajnirachhal@gmail.com



### Objective

To enhance my professional skills, capabilities and knowledge in an organization which recognizes the value of hard work and trusts me with responsibilities and challenges.

Education			
Course / Degree	School / University	Grade / Score	Year
MASTER OF APPLIED PSYCHOLOGY (MAP)	VBS PURVANCHAL UNIVERSITY JAUNPUR, UTTAR PRADESH, INDIA.	1224/2000	2021
BACHELOR OF ARTS (BA)	T.D.P.G. COLLEGE, JAUNPUR/ VBS PURVANCHAL UNIVERSITY JAUNPUR, UTTAR PRADESH, INDIA.	1013/1800	2017
INTERMEDIATE (12TH)	NAGRIK INTER COLLEGE JANGHAI, JAUNPUR,	315/500	2014
HIGH SCHOOL (10TH)	INTERMEDIATE COLLEGE DURGAGANJ, S.R.N BHADOHI	301/600	2011

#### Internship

2 Months Internship (Clinical Psychology )

Central Institute of Psychiatry, kanke, Ranchi, Jharkhand.

#### Experience

#### Training and field coordinator (DDAP)

01/04/2023 - 31/05/2024

- Central Institute of Psychiatry, kanke, Ranchi, jharkhand, India.
- 1. Motivation Enhancement Therapy (IPD)
- 2. Relapse Prevention Therapy (IPD)
- 3. Motivation Interviewing (IPD)
- 4. Addiction behavioural clinic Child & Adult (OPD)
- 5. Tobacco Cessation Clinic (OPD)
- 6. Outreach Program (Awareness Program related to SUD & issue smart phone)
- 7. Community and School & College level etc.

# NMHS Survey Field Data Collector. ('National Mental Health Survey-2' funded by Ministry of Health and Family Welfare, Government of India and coordinated by NIMHANS, Bangalore.)

02/09/2024 - Till now .

King George's Medical University Lucknow, Uttar Pradesh, India.

1. Planning for field data collection and liaison with local authorities

for data collection.

2. Undertake data collection in the field as per the plan.

3. Ensure data backup on a daily basis regularly.

4. Prepare daily and weekly reports and maintain records as per specified formats.

#### Skills

Public speaking

Leadership

Team Work

Communication skills

Behavioral Observation skills

Critical Thinking

SPSS Analysis

MS. Excel

MS. Word

MS PowerPoint

Canvas use tools

Mapping (Cluster, City, Urban & Rural and Polling booth ect).

Listing house-holds (Cluster, City, Urban & Rural and Polling booth ect).

Household to Household visit (Personal Interview or Counselling of all family members {Age 13 to 60 Above}).

#### Reference

DR. SANJAY KUMAR MUNDA - CENTRAL INSTITUTE OF PSYCHIATRY, KANKE, RANCHI, JHARKHAND. PROFESSOR OF PSYCHIATRY drsanjaymunda@gmail.com +91 87976 41082

DR. SOURABH KHANRA - CENTRAL INSTITUTE OF PSYCHIATRY, KANKE, RANCHI, JHARKHAND. PROFESSOR OF PSYCHIATRY sauravpsy@gmail.com +91 79033 02259

#### **Other Qualification Certificate**

NCC "A" Certificate

NSS Certificate

Bharat Scouts and Guides Certificate

#### Languages

HINDI

ENGLISH

### **Personal Details**

PANKAJ KUMAR PAL S/O ACHCHHE LAL DOB: 02/06/1994 Village: Ram Nagar Post office: Sarai Kansarai District: Sant Ravidas Nagar (Bhadohi) State: Uttar Pradesh Pin Code: 221404 National: India. Email id: PANKAJNIRACHHAL@GMAIL.COM Contract number: 7839517549, 9305316612



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