

Anwasha Pratihar

RCI Licensed Clinical Psychologist (A)

Professional Diploma & Master's in Clinical Psychology and Bachelor's (Hons.) in Psychology. Equipped with the theoretical knowledge and practical skills to assess, diagnose, manage, and treat a wide range of psychological disorders. Follows an eclectic and holistic approach, ensuring that the therapeutic interventions are evidence-based and tailored according to the specific requirements of each client.



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📍 India

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EDUCATION

Professional Diploma in Clinical Psychology Amity University, Noida

07/2023 - 06/2024

Noida, India

Master's in Clinical Psychology Amity University, Noida

08/2021 - 07/2023

Noida, India

BA (Hons.) in Psychology Bethune College, University of Calcutta

07/2018 - 08/2021

Kolkata, India

INTERNSHIPS

District Hospital, Noida (02/2024 - 06/2024)

- conducted clinical interviews, psychodiagnostic assessments, IQ assessments, conduction of treatment plans based on diagnosis and implementation of psychotherapy.

Postgraduate Institute of Child Health, Noida (11/2023 - 01/2024)

- conducted clinical interviews, psychodiagnostic assessments, IQ assessments, conduction of treatment plans based on diagnosis and implementation of psychotherapy with children.

Deen Dayal Upadhyaya Hospital, New Delhi (08/2023 - 11/2023)

- conducted clinical interviews, psychodiagnostic assessments, IQ assessments, and provided psycho-education.

'Anamkaaruh' Therapy Care and Counselling, New Delhi (09/2022 - 05/2023)

- conducted pro bono counselling sessions.

Apollo Hospital, Kolkata (06/2022 - 07/2022)

- conducted clinical interviews and mental status examinations of neuro-psychological patients.

Rebuilding Minds, New Delhi (03/2022 - 05/2022)

- conducted quantitative research focusing on child psychology in Delhi.

Wisdom Matters; Pune, India (09/2021 - 11/2021)

- conducted group interaction sessions with clients in a rehabilitation center, and formulated case studies.

VOLUNTEER WORK

Community Engagement Student Volunteer Umeed, A Drop Of Hope

03/2022 - 05/2022

New Delhi, India

A registered national NGO with comprehensive programmes in education, health, environmental protection, and inclusivity.

- developed and implemented initiatives to enhance involvement and participation among women and children in matters pertaining to human rights and social awareness.

SKILLS

Psycho-diagnostic Assessment

Psychotherapy

Treatment Planning

Psycho-education

Clinical Interviewing

IQ Assessment

Mental Status Examination

Problem Solving

MS Office

Research & Development

AREAS OF SPECIALIZATION

Childhood and Adolescence Disorders

Substance Use Disorders

Phobias & Anxiety Disorders

Mood Disorders

Individual and Group Therapy

THERAPEUTIC TOOLS KNOWN

Cognitive Behavioural Therapy

Dialectical Behavioural Therapy

Rational Emotive Behavioural Therapy

Motivation Enhancement Therapy

Acceptance & Commitment Therapy

LANGUAGES KNOWN

English

Full Professional Proficiency

Bengali

Native or Bilingual Proficiency

Hindi

Full Professional Proficiency

INTERESTS

Forensic Psychology

LGBTQIA+ Mental Health Support

Photography

Painting