

# Hazel Kanwar

Panvel, Maharashtra  
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Highly motivated individual with a passion for promoting mental well-being across diverse settings. Seeking a position to utilize strong interpersonal and clinical skills to support patients in hospitals, clinics, or children in schools. Committed to lifelong learning and professional growth. Demonstrated experience working with adults in a rehabilitation center. Strengths include active listening, empathy, problem-solving, and abstract thinking.

## Personal Details

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**Date of Birth:** 2002-01-01  
**Eligible to work in:** India  
**Highest Career Level:** 1-2 years experience  
**Industry:** Community & Social Service, Healthcare, Social Science

## Work Experience

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### Counselling Psychologist

Anatta Humaniversity Pvt Ltd-Mumbai, Maharashtra  
Full-time  
January 2025 to Present • Full-time

Working closely adult population in order to help them combat their addiction.  
Providing rehabilitation counselling.

### Counselling Psychologist

BrainHap-Mumbai, Maharashtra  
Full-time  
October 2024 to December 2024 • Full-time

Worked in collaboration with IIT Bombay to develop EEG testing for school students in order to guide them to the appropriate career path.

### Intern

Parivartan, DART-Chandigarh, Chandigarh  
July 2023 to September 2023

Dealt with individuals having special needs, learnt about psychology and various mental health disorders, designed activity schedules of patients under guidance of supervisors, observed and interacted with people and their families from different walks of life.

### Member

HumDum, Non Profit Organisation-Chandigarh, Chandigarh  
Part-time  
September 2021 to July 2023 • Part-time

A non profitable organization that provides calling and text support to people in distress. Involves the members working in the organization to provide distressed people a listening ear and someone to talk to.

**Vice President**

Aesthesia Club, GGDSD College-Chandigarh, Chandigarh  
2021 to 2022

Psychology club of graduation college, indulged in event management, conduction of seminars and team organization and management.

**Participant**

Fortis hospital mohali punjab-Mohali, Punjab  
June 2021 to June 2021

Attended workshops as participant for the purpose of learning

3 day Psycho-Oncology online course

3 day Art Therapy online course

15 days online clinical psychology internship

**Participant**

Mind Weavers-Mohali, Punjab  
June 2021 to June 2021

Attended 2nd National Online Conference on Careers in Psychology

**Education**

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**Master's degree in Clinical Psychology**

Amity University - Panvel, Maharashtra  
August 2022 to June 2024

**Bachelor's degree in Psychology Honors with diploma in child psychology**

GGDSD College - Chandigarh, Chandigarh  
2019 to 2022

**Skills / IT Skills**

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- Leadership
- Relationship management
- Time management
- Communication skills
- Individual / group counseling
- Microsoft Office
- Canva
- Problem management
- Organisational skills

**Languages**

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- English - Fluent
- Hindi - Fluent

- Punjabi - Beginner

### Additional Information

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Created a social media handle (psycheorigami) with a team of nine individuals with an aim of spreading mental health awareness in schools and among children as a part of a class project. Also conducted fun and interactive sessions in schools to raise awareness about mental health among children.