

Shiney Baryawal

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Dedicated and passionate Psychology Teacher with 1.5 years of experience in delivering engaging and insightful lessons to high school students. Adept at creating an interactive learning environment, fostering critical thinking, and guiding students in understanding psychological concepts. Skilled in curriculum planning, student assessment, and integrating modern teaching methodologies to enhance student engagement and comprehension.

Work Experience

Psychology Teacher, St. Paul's Senior Secondary School, Beawar

Jan 2024 - Nov 2024

- Conduct engaging and interactive psychology classes for high school students, covering topics such as cognitive processes, behavioral psychology, and mental health.
- Develop and implement lesson plans aligned with the school curriculum and educational standards.
- Assess students' understanding through quizzes, exams, and assignments while providing constructive feedback.
- Encourage critical thinking and discussion on psychological theories and real-life applications.
- Organize extracurricular activities such as psychology clubs, workshops, and awareness programs.
- Collaborate with colleagues, parents, and school counselors to support students' academic and emotional well-being.

Psychologist, Rajasthan Mahila Kalayan Mandal, Beawar

Jan 2024 - Nov 2024

- Conduct psychological assessments and develop individualized treatment plans for patients with anxiety, depression, PTSD, and other mental health disorders.
- Provide psychotherapy and counseling to individuals, couples, and groups, using evidence-based approaches such as CBT and DBT.
- Collaborate with psychiatrists, social workers, and medical professionals to ensure comprehensive patient care.
- Maintain accurate and confidential client records in compliance with ethical and legal standards.
- Conduct mental health workshops and awareness programs for the community.

Assistant Psychologist, NHMC, Kota

Jul 2023 - Dec 2023

- Assisted in psychological assessments and therapy sessions under the supervision of senior psychologists.
- Observed and documented patient progress and prepared reports for case discussions.
- Provided support in crisis intervention and stress management programs.

Educational Background

Masters In Clinical Psychology

Don Bosco University, Assam, Guwahati

2021 - 2019

Bachelor of Arts (Honours)

Sophia Girls College, Ajmer, Rajasthan

2017 - 2020

- English Honours, Psychology

Skills

- Classroom Management
- Lesson Planning & Curriculum Development
- Student Engagement & Motivation
- Psychological Assessments & Counseling Basics
- Research and Data Analysis
- Collaboration & Leadership
- Ability To Work With School Administrators, Teachers, And Counselors
- Strong Public Speaking And Presentation Skills
- Communication & Interpersonal Skills

Achievements & Contributions

- Organized a Mental Health Awareness Campaign for students and faculty.
- Recognized by school administration for exceptional teaching methods and student engagement.

Professional Development

- Attended International Conference on Diaspora, Multiculturalism And Quest For Identity - [2018]
- Completed a Workshop on Shakespeare In Cinema - [2019]
- Attended International Conference on Water - A Focus On The Future And Innovation - [2020]

Languages

- English (Fluent)
- Hindi (Fluent)
- Rajasthani (Fluent)