

## **CURRICULUM VITAE**

**AARTI SINGH**

**(RCI registered Clinical Psychologist, RCI No: A74498)**

### **PERSONAL INFORMATION:**

**Date of Birth:** 10.08.1995

**Sex:** Female

**Marital Status:** Married

**Nationality:** Indian

**Languages known:** Hindi and English

**Experience:** 3 years

**Permanent Address:** Wave City, Ghaziabad, Uttar Pradesh, India

**Phone Number:** 8630033137

**Email:** singhaarti7187@gmail.com

### **CAREER OBJECTIVE:**

To seek an opportunity to apply my knowledge of clinical psychology on a wider population, to understand their problems with utmost empathy and compassion, and to provide them with a collaborative psychological management plan to aid them to deal with their problems effectively.

### **HIGHLIGHTS:**

- Possess excellent communication and interpersonal skills.
- Excellent listening skills.
- Ability to accurately identify and distinguish various forms of human behavior.
- Giving due regard to issues of confidentiality.
- Enthusiastic, hardworking, and responsible.
- An effective planner with good public relations skills.
- Ability to conduct various psychological tests (Projective, Intelligence, Objective, and Neuropsychological Test).
- Conducting therapies with various populations.

## **EDUCATIONAL QUALIFICATION:**

2019-2021 **M.Phil CLINICAL PSYCHOLOGY** from Central Institute of Psychiatry (CIP) Ranchi (University), Ranchi, Jharkhand

2016- 2017 **M.A PSYCHOLOGY** from Mahatma Jyotiba Phule Rohilkhand University, Bareilly.

2013- 2015 B.A from Mahatma Jyotiba Phule Rohilkhand University, Bareilly.

2011- 2012 Intermediate from Uttar Pradesh Board, Rampur, India

2009 – 2010 High School from Uttar Pradesh Board, Rampur, India

## **PUBLICATIONS:**

- *Scupulosity in Obsessive-Compulsive Disorder Patients: A Systematic Literature Review and Bibliometric Analysis from 2000 to 2023*-Journal of Neonatal Surgery 2025
- *Psychosocial Correlates of Smartphone Addiction Among mental Health Trainees: An Exploratory Study* in Masters in Philosophy Degree (M. Phil) in Clinical Psychology in 2021.

## **PROGRAMMES ATTENDED/AWARDS RECEIVED:**

1. Have attended the 38<sup>th</sup> Annual National Conference on Indian Society of Professional Social Work (ISPSW) on February 2020.
2. Have participated in the National Webinar on Understanding the Cultural Diversity of India: From Ganges Plains to the Abode of Clouds on August 2020, Rampur, Uttar Pradesh.
3. Have attended a Three Day CRE Accredited National Seminar on “SCHOOL MENTAL HEALTH PROGRAMME: IMPLEMENTATION AND BARRIERS” on September 2019.
4. Have participated as a delegate at the 18<sup>th</sup> Annual Conference of Indian Psychiatric Society Jharkhand State Branch JASCON on September 2019, Ranchi.
5. Conducted a One day online workshop on “The impact of COVID-19 on Mental Health and Ways to Overcome It” on 15<sup>th</sup> June, 2021.
6. Certificate of participation in the Webinar on Understand Trauma- Related Mental Health Conditions and participated well to update one’s awareness on the treatment, diagnostic approach towards PTSD on June 27<sup>th</sup>, 2023.

7. Certificate of participation in the National Level CRE Program on “Clinical Psychology Practice in The Digital World” on 29<sup>th</sup> June, 2024.
8. Conducted a one day workshop on "Importance of mental health of Students for leading a well-balanced life" at ApeeJay College of Fine Arts Jalandhar, Punjab, on 10<sup>th</sup> September, 2024.

**TECHNICAL SKILLS:**

SPSS, MS-Word, MS-PowerPoint

**DECLARATION:**

I hereby declare that all the above information is true to the best of my knowledge and belief.

**AARTI SINGH**