



Ayushi Gupta

Clinical Psychologist

CONTACT

Phone

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Email

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Address

New Delhi, 110034

LANGUAGE

Hindi
English
French (intermediate level)

EXPERTISE

Diagnostic Assessments
& Case Formulation

Evidence-Based
Therapeutic
Interventions

Psychometric Testings

Group Therapy &
Psychoeducation

Organizing Abilities

Interpersonal Skills

Ethical & Cultural
Sensitivity

Experience

Nov 2023- Sep 2024

Clinical Psychology

Trainee

**Polyclinic, Civil Hospital,
Gurugram**

- Comprehensive diagnosis & treatment planning in both IPD & OPD settings.
- Psychometric assessments of children and adult population
- Assistance in disability certification.
- Experience in the de-addiction ward, planning group intervention and relapse prevention.

June 2023- May 2024

Clinical Psychology

Trainee

CogiAble, Gurugram

- Worked closely with children with special needs and delivered tailored interventions like ABA.
- Administered psychological assessments.
- Worked in collaboration with multidisciplinary teams like occupational therapists and speech therapists.

Oct 2022- Sep 2023

Clinical Psychology

Trainee

**Earth's Savior Foundation,
Gurugram**

- Administering psychological assessments and psychological first aid for elderly and psychiatric homeless population.
- Engaged in supportive work, rehabilitation and skill-building of the population at the NGO.



Ayushi Gupta

Clinical Psychologist

Awards

2021 (Unique Psychological Services):
Best Intern Award

2018 (International Shakespeare Theater Competition):
Best Actor Certificate

2019 (International Shakespeare Theater Competition):
Best Actor Certificate

Experience

June 2022- August 2022
Clinical Psychology
Intern

Unique Psychological Services, New Delhi

- Worked as a counselor under supervision.
- Administered and learned psychometric tests such as intelligence tests, projective tests, personality tests, neuropsychological batteries, aptitude tests.

February 2022- April 2022
Pro-bono Counselor

Tihar Prison Complex, New Delhi

- Provided psychological first aid and crisis interventions to the inmates.
- Administered assessments to screen out psychological concerns.
- Worked on Psychoeducation and skill- building of the inmates.
- Provided one-on-one counseling sessions to stress psychological issues of the inmates.

March 2021- August 2021
Psychology Intern

Unique Psychological Services

- Worked as counselor under supervision learned case documentation.
- Administered psychological tests and batteries on children.

June 2018- July 2018
Psychology Intern

Moolchand Medicity, New Delhi

- Learned case history taking.
- Closely observed therapy sessions and sessions of occupational and speech therapists.



Ayushi Gupta

Clinical Psychologist

Certificates & Licenses

July 2017

Online certificate course in Applied Psychology from The University of British Columbia.

April 2019

Certificate of recognition for academic excellence and organizational excellence of departmental activities from SPM college, DU.

October 2024

APA Membership,
Membership ID:
C2405070776

November 2024

(Awaited)
RCI license for Clinical Psychologist,
License no,: Awaited

Experience

June 2017- July 2017

Fortis Hospital, New Delhi

- Learned case history taking.
- Learnt and administered psychological screening tests.
- Learnt about Clinical manifestation of various psychiatric disorders.

Education

2022- 2024

Amity University,
Haryana

M.Phil. in Clinical Psychology

- Dissertation: Relationship between Emotional Intelligence, Decision Fatigue and Compassion Fatigue in Mental Health Professionals
- CGPA: 8.80

2019- 2021

Manav Rachna
International
University

M.A. Applied Psychology

- Dissertation: Understanding Procrastination through the Lens of Anxiety and Traits like Self- Compassion and Perfectionism.
- CGPA: 8.64

2016- 2019

Shyama Prasad
Mukherjee College, DU

B.A. (Hons.) English

- Did minor course in Applied Psychology (two years).
- CGPA: 6.4 (first division)

Schooling

Lanner's Convent
School, New Delhi

Senior Secondary Certificate, Humanities Stream

- Percentile: 87%