



CONTACT

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EDUCATION

2022 - 2024

CHRIST (DEEMED TO BE
UNIVERSITY), BANGALORE,
KARNATAKA

- Masters of Sciences Clinical Psychology

2019 - 2022

ASUTOSH COLLEGE, CALCUTTA
UNIVERSITY, WEST BENGAL

- Bachelors of Science Psychology (Honors)

SKILLS

- Cognitive Behavioral Therapy (CBT)
- Existential Therapy
- Person Centered Therapy
- Neuro Affirmative Therapy
- Queer Affirmative Therapy
- Narrative Therapy
- Solution Focused Therapy
- Effective Communication
- Critical Thinking

LANGUAGES

- English (Fluent)
- Bengali (Fluent)
- Hindi (Fluent)

DEBANGANA MUKHERJEE

COUNSELLING PSYCHOLOGIST

PROFILE

Psychologist skilled in developing individualized treatment plans and utilizing evidence-based interventions, creativity and adaptability; with a strong sense of compassion and highly proficient in written, oral, and interpersonal communication skills.

WORK EXPERIENCE

Insighte Childcare Center, Bangalore

Assistant Psychologist

- Assisted in daily care routines for children with special needs.
- Engaged children in activities to enhance cognitive and social development.
- Provided one-on-one support to children needing extra attention.
- Fostered a positive and inclusive environment for children.
- Communicated with staff and parents to coordinate care and share observations.

Institute of Neuroscience Kolkata

[June, 2023], [April, 2024]

Psychologist Intern

- Interaction with the patients
- Practical experience of taking case history and MSE of patients
- Consultation to patients under the supervision of licensed psychologists and psychiatrist.
- Practical experience on working within ward psychiatric patients.

Prakria Hospital, Bangalore

[July, 2023]

Psychologist Intern

- Conducted observational studies on therapist-client interactions and behavioral patterns.
- Assisted in gathering data and evaluating extensive case studies and presentations.
- Applied psychological concepts to everyday situations, enhancing understanding of therapy approaches and treatment methods.

Pro-bono Therapy Sessions And Private Practice

Counselling Psychologist

- Provide compassionate and effective counselling therapy with a focus on Cognitive Behavioral Therapy (CBT), Person-Centered Approach and Existential Approach, therefore catering to the unique needs of the client

Community Service in Shree ShiradiSari Ananthlaya Charitable Trust, Bangalore

[Sept-Dec, 2022]

Counselling Psychologist Volunteer

- Provided compassionate and effective counselling therapy with a focus on Cognitive Behavioral Therapy (CBT), Person-Centered Approach and Existential Approach, therefore catering to the unique needs of the client

PROJECTS

Ongoing Research : Effect of diverse parenting styles on aggression and empathy in 10-12 Yrs. children.

This study highlights significant influence of parenting styles on the development of aggression and empathy in children aged 10 to 12, revealing strong correlations between authoritarian parenting & higher aggression with lower empathy.