

# RESUME

## Riddhima Jain

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### ACADEMIC DOSSIER:

Education	Institution/ School	Year
<b>Data Analytics Professional Certification</b> (Online)	Google, Coursera	2023
<b>M.A.</b> Clinical Psychology	Amity University, Noida, Uttar Pradesh	2021
<b>B.A.(Honors)</b> -Applied Psychology	Amity University, Noida, Uttar Pradesh	2019
<b>12<sup>th</sup></b>	S.L.S D.A. V Public School, Mausam Vihar, Delhi	2016
<b>10<sup>th</sup></b>	S.L.S D.A. V Public School, Mausam Vihar, Delhi	2014

### TRAINING AND PROJECT UNDERTAKEN:

#### **JAIN HOSPITAL- Multi specialty, Karkarduma-Delhi (2 months internship- 2017)**

Worked as an observer as clinical psychologist, learnt and conducted some psychological tests on Inward-Patient Department (IPD) and Outward-Patient Department (OPD):

##### **Inward-Patients Department:**

- Mini Mental Status Examination (MMSE)
- Malin's Intelligence Scale for Indian Children (MISIC)

##### **Outward-Patient Department:**

- Bhatia's Battery Test
- Hamilton's Rating Scale for Anxiety (HAM-A)
- Hamilton's Rating Scale for Depression (HAM-D)
- Sentence Completion Test (SCT)
- Beck's Anxiety Inventory (BAI)
- Beck Depression Inventory (BDI)
- Y-BOCS Symptoms Checklist
- Blessed Dementia Scale (BDS)
- Depression, Anxiety, Stress Scale (DASS-42)
- Indian Scale for assessment of Autism (ISSA)

#### **SHANTI MUKAND HOSPITAL, Karkarduma- Delhi (2 months internship- 2018)**

Witnessed cases of Schizophrenia, Adjustment Disorder, Alcohol Dependence Syndrome etc.

- Cognitive Activities for schizophrenic patients and psychotic patients
- Conduction and scoring psychological tests, those tests are Sacks SentenceCompletion Test (SSCT), Wechsler Adult Intelligence Scale (WIAS)
- Report making after result analysis of above-mentioned tests
- Also learnt about ethics of a clinical psychologist

#### **Moolchand Medcity Lajpat Nagar- Delhi (2 months internship- 2019):**

Actively observed OPD Clients under a clinical psychologist and a psychiatrist.

**Zentered Minds Psychological Services, Kalkaji- Delhi (1.5-month internship-2022)**

Interned as a counseling psychologist under Senior Counseling Psychologist Mr. Sakar Narula. Actively observed online counseling sessions.

Counseling skills included:

- Transference
- Self-disclosure
- Being Empathetic.
- Non-judgment
- Parenting Styles
- Exploration during counseling sessions
- Dimensions of Exploration
- Cognitive Distortions
- Documentation

**Google Data Analytics Professional Certificate, Coursera- Online (10-month prog. -2023)**

Gained knowledge about whole data analysis process starting from ASK phase to ACT phase. Learnt about asking effective questions related to meeting business objectives and meet stakeholder's expectations.

Other Learnings included:

- SMART methods of asking effective questions.
- Maintaining data integrity.
- Data Cleaning using SQL, Spreadsheets and R programming.
- Data processing steps: Plan, Capture, Manage, Analyze, Archive and destroy.
- Learnt about visualizing my data with the help of a visualization tools Tableau and Kaggle.

**PRACTIAL KNOWLEDGE**

- Case Study
- Patient Report Building
- Data Collection
- Writing clinical case history
- Data Cleaning
- Data Processing
- Data unbiases
- Effective Questioning for data-driven solutions.

**SKILLS**

**SOFTWARE SKILLS**

- SPSS
- MS Word
- MS Excel
- SQL
- Spreadsheet

**PROFESSIONAL SKILLS**

- Observational Skills
- Communication Skills
- Active Listening Skills
- Self-Confidence
- Responsible
- Data Analytics

## LANGUAGES KNOWN

- English (Written and Spoken)
- Hindi (Written and Spoken)

## ACHIEVEMENTS

- ❖ Attended a certified Workshop on **Cognitive Behavior Therapy (CBT)** organized by Unique Psychological Services (UPS Education)
- ❖ Certification of Summer Internship in **Jain Hospital**
- ❖ Certification of Internship at **Shanti Mukund Hospital**
- ❖ Certification of Internship at **Moolchand Hospital**
- ❖ Certification of Internship at **Zentred Minds**
- ❖ Certification of Practitioner's Course in *Cognitive Behavior Therapy* from **Zentred Minds**

## Personal Details

Father's name: Mr. Kamal Prakash

Mother's name: Mrs. Neena Jain

D.O.B: 20<sup>th</sup> January, 1998

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