# Professional Summary

* Compassionate and skilled Occupational Therapist with 10+ years of experience in individualized therapy programs.
* Adept at patient evaluations, treatment planning, and progress monitoring for developmental, mental health, and social challenges.
* Skilled in designing personalized rehabilitation strategies that address diverse client needs.
* Recognized for building strong rapport with clients and families to ensure trust and engagement.
* Dedicated to fostering independence, confidence, and improved quality of life in clients.

# Core Skills

* Patient Evaluation & Needs Assessment
* Goal-Oriented Treatment Planning
* Pediatric & Academic Therapy
* Mental Health & Vocational Rehabilitation
* Progress Monitoring & Documentation
* Team Collaboration & Family Education
* Time Management & Organization

# Professional Experience

***Senior Occupational Therapist  
Continua Kids, Rajouri Garden, Delhi | June 2023 – Present***

* Conduct holistic physical, academic, vocational, and mental health assessments to identify client needs.
* Develop and implement personalized rehabilitation plans aligned with individual goals.
* Track, document, and adjust therapy interventions to ensure measurable progress.
* Work collaboratively with multidisciplinary teams to deliver integrated care and maximize outcomes.

***Senior Occupational Therapist  
St PBN Public School, Gurugram | March 2022 – Dec 2022***

* Evaluated students’ developmental, academic, and emotional needs to guide therapy strategies.
* Designed and delivered individualized intervention programs supporting academic success and personal growth.
* Maintained detailed progress reports and adapted therapy plans for improved results.

***Senior Occupational Therapist  
UDGAM Mental Health Care, New Delhi | Jan 2019 – Sep 2019***

* Performed in-depth client assessments to create effective rehabilitation strategies.
* Facilitated therapy sessions aimed at enhancing functional independence and emotional well-being.
* Partnered with healthcare professionals to deliver comprehensive treatment plans.

***Occupational Therapist  
Greater Valley School, Greater Noida | Apr 2014 – Jan 2019***

* Delivered therapy services to students with diverse developmental and learning challenges.
* Designed customized intervention plans to support school, home, and social integration.
* Partnered with parents and teachers to review progress and align therapy goals.
* Trained students in functional, academic, and social skills to strengthen confidence and independence.

# Education

Bachelor of Occupational Therapy

Pt. Deendayal Upadhyaya Institute for the Physically Handicapped (Pt. DDU - IPH), New Delhi

Graduated in April 2014