

# MAHIMA GUPTA

## Clinical Psychologist

### ABOUT ME

Mahima Gupta is a clinical psychologist with over 1 year of experience in the field. She is passionate about helping people with mental health challenges. She is skilled in a variety of therapeutic approaches, and she is committed to providing individualized care to her clients.

### EDUCATION

- Bachelor's of Science in Clinical Psychology  
Amity University, Gurugram  
2016 - 2019
- Master's of Science in Clinical Psychology  
SGT Medical College, Gurugram  
2019 - 2021
- Professional Diploma in Clinical Psychology (RCI Licence)  
SGT Medical College, Gurugram  
2022 - 2023

### EXPERTISE

Psychological Testing  
Mindfulness  
Cognitive Behavioral Therapy (CBT)  
Depression  
OCD  
Interpersonal Skills  
Case Exposure  
Mental Health Counseling  
Clinical Psychology  
Substance Use Disorders

### LANGUAGE

English  
Hindi

### EXPERIENCE

- Aug 2022 - Present · 1 yr  
SGT Medical College, Gurugram  
**Clinical Psychologist Trainee**  
**Skills:** Psychological Testing · Cognitive Behavioral Therapy (CBT) · Mindfulness · Relationship Counseling · Substance Use Disorders · Child psychology · Psychological Assessment · Interpersonal Skills · Clinical Psychology
- Jun 2021 - Jul 2022 · 1 yr 2 mos  
BLK - Max Super Speciality Hospital  
**Psychologist**  
**Skills:** Psychological Assessment · Communication · Mental Health Counseling · Interpersonal Skills
- May 2018 - Jul 2018 · 3 mos  
BLK - Max Super Speciality Hospital  
**Internship Trainee**  
**Skills:** Communication · Mental Health Counseling · Interpersonal Skills · Psychology
- Jan 2018 · 1 mo  
Indian Association of Health, Research and Welfare (IAHRW)  
**Internship Trainee**  
**Skills:** Case exposure · Mental Health Counseling · Clinical Psychology
- May 2017 - Jul 2017 · 3 mos  
BLK - Max Super Speciality Hospital  
**Summer Internship**  
**Skills:** Case exposure · Mental Health Counseling · Clinical Psychology

☎ +91 9999736441

✉ guptamahima810@gmail.com



RZ-43 Sudan Garden,  
Najafgarh, New Delhi 110043