



## Dr. Shivani Deshwal

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I am a MD Psychiatrist with more than 2 years of experience in Psychiatry. I have been working as a full-time consultant psychiatrist in a multi-specialty hospital for 1.5 year. This hospital has both IPD and OPD services. I also run a headache and neuropsychiatry clinic once a week. I have also done consultation liaison with various hospitals in the area. During my tenure, I have participated in several mental health awareness seminars, debates and camps. I am an active member of the regional IMA. I have had good experience working in a deaddiction clinic in past. During my residency and professional career, I worked in a variety of settings, including general psychiatry, addiction services, psychotherapy, child and geriatric psychiatry, headache clinic, neuropsychiatry, psychosexual clinic and consultation liaison. I have passed the MRCPsych A and B exams. I have been involved in research and have completed an EEG course. I also have experience teaching undergraduates. I am active in sports and dramatics.

### **Qualification:**

- a) MBBS graduated in 2016, LLRM Medical College, Meerut, UP
- b) MD Psychiatry passed in 2021, Pt BD Sharma, PGIMS, Rohtak, Haryana
- c) MRCPsych Paper A and Paper B passed
- d) EEG Course

### **Professional experience:**

- 1. Pt BD Sharma, PGIMS, Rohtak, Haryana

Course of medicine: MD Psychiatry

Duration: 3 years (2018-2021), first attempt

- 2. SVBP Hospital, Meerut, UP.

Post: Housesurgeon

Duration: 6 MONTHS, Year: 2017-18

- 3. SVBP Hospital, Meerut, UP.  
1year compulsory rotatory internship
- 4. Naya Sawera Psychiatric and De-addiction Centre, Baddi, HP

Post: Consultant Psychiatrist

Duration: 4 months (September 2021- December 2021)

5. Currently working as a Consultant Psychiatrist in a multispeciality hospital since January 1, 2022. (Aonkare Hospitals, Kaithal, Haryana)

### **Career Goals:**

To pursue a career in Psychiatry. Special interest in adult psychiatry, deaddiction, Neuropsychiatry and Consultation Liaison.

### **Membership and Honorary/Professional Societies:**

Society for Rural Mental Health, Haryana

IMA Kaithal, Haryana

### **Language Known:**

Hindi: First language, with full proficiency in writing, reading and speaking

English: Second language with full proficiency in writing and reading with elementary proficiency in speaking

Punjabi: Can understand and speak but not fluent

### **Achievements:**

2 Oral Presentation in International Conference,

3 Poster Presentation in National Conference.

### **Research work/ publications:**

1. **Mental health aspects of the geriatric population: Focus on COVID-19 outbreak:** Published in Annals of Indian psychiatry, July to December 2020
2. **Behavioural Addiction: An Understanding:** Published in The International Journal of Indian Psychology, August 4, 2021
3. **Nutritional assessment of early adolescents: Cross sectional study from largest tertiary care centre of Gujarat.** Published in Journal of medical science and clinical research, January 01, 2020
4. **Homeless mentally ill in COVID lockdown: Study from a tertiary care centre** submitted to Annals of Indian Psychiatry and accepted by the editor in chief.
5. **STUDY OF NEUROCOGNITIVE FUNCTIONS IN ADULT PATIENTS WITH TYPE 2 DIABETES MELLITUS,** under submission.

### **Participations in Workshop, Seminar and Conferences:**

As Organising member in 25<sup>th</sup> National Conference of Indian Association of Social Psychiatry, 2018

Participation in multiple conferences and seminars.

Organising many workshops and seminars as a part of my current job.

**Post Interested:** Consultant Psychiatry.

Becoming a psychiatrist was my childhood dream and this is particularly my aim to work on mental health awareness and help as many as people to come out the closet and seek treatment as mental illness carries a huge stigma. Also, I believe in holistic treatment approach in psychiatry which we lack often and want to work eagerly to learn more in the field. I have been sincerely working on my aim. I am confident person who believes in accepting challenges as new opportunities. I believe working with your hospital will provide me vast exposure in all the psychiatric domains and i will try to do my best to achieve the maximum out of it. I believe in team work, discipline and punctuality. I can connect with the patients very well and i am good at ensuring compliance in the treatment which i consider a major issue in our field. Looking forward to a positive response on your end.

Regards

Dr Shivani Deshwal

MD Psychiatry

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