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Name	SAKSHI MEHTA
Age	31 years
Date of birth	08/11/1993
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ACADEMIC QUALIFICATION

School	Class	Subject	Board/University	Percentage	Year
Bal Bharti Public School	10 th	All	CBSE	CGPA -9 (85.5%)	2010
Bal Bharti Public School	12 th	<ul style="list-style-type: none">• Biology with Psychology• Aggregate	CBSE	88.75% 85.60%	2012
Keshav Mahavidyalaya Delhi University	Graduation	B.A(Hons) Psychology	Delhi University	78.85%	2015
Delhi university south campus	Post-graduation	M.A. Applied psychology (specialization: Clinical psychology)	Delhi university	79.17%	2015-2017
Shree Guru Gobind Singh Tricentenary University	M.Phil Clinical Psychology		RCI licenced	71.6%	2020-2022

Other Qualities:

Languages known	<ul style="list-style-type: none">• Hindi,• English,• French(from 6th standard to 10th)
Expertise	<ul style="list-style-type: none">• Psychotherapies- CBT, DBT,MET etc• Psychometric evaluations- RIBT,MMPI,MCMII• Personality evaluations• Childhood assessments• Neuropsychological assessment

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Achievements in school	<ul style="list-style-type: none">● Good in sports(races, aerobics , march past)● Dance● Got awarded for 100% attendance for five consecutive years (4th-8th)● Participated in “Inter-School Psycho Socio Fest”2011 held in Delhi Public school RK Puram
Achievements in undergraduate:	<ul style="list-style-type: none">● Volunteered during Leaders for Tomorrow Anti -drugs and Anti -ragging campaign 2013.● Attended a workshop on Common childhood disorders organized at YMCA by Unique Psychological services, 2012.● Worked as a organizer in Psychology department of Keshav Mahavidyalaya for organising the fest Fenestra 2014.● Worked as a magazine editor for second edition of Psychology department magazine of Keshav Mahavidyalaya“ Psynopsis”(2015).● Completed Leaders for Tomorrow’s Skill Development Workshop held in October 2012.● Participated in Discussion and Interaction with University of Delhi and University of Edinburgh experts (Online lecture).● Attended the workshop on Handling Adolescents organized at International Conference, YMCA by Unique Psychological Services in August 2014.● Presented a research paper in International Association of Positive Psychology (IAPP) Conference Positive Psychology: The Ripple Effect held from 27th -30th Feb 2015. The paper was titled “Relationship between EQ and Altruism”.● Participated in inter-college paper presentation held in Psychology fest

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	<p>of Keshav Mahavidyalaya(2015) and won second prize.</p> <ul style="list-style-type: none">● Conducted a research and got it published by Elsevier in the journal, Clinical epidemiology and Global Health. The research was titled as “How Happy are pregnant women?; A socio demographic analysis”(2012) The following are the authors: Reema Malhotra , Ritu Mudgal, Suhasini Dharmarha, Sakshi Mehta and Shaily M. Bhola doi:10.1016/j.cegh.2014.09.001● Submitted undergraduate dissertation project as part of my academic curriculum titled “Work life balance, Self-esteem and Resilience: A comparative study between government and private institutes” to the Delhi university.● Research on “ On Happiness and Being Pregnant”(in progress)
Achievements in masters	<ul style="list-style-type: none">● Volunteered for placement cell of psychology department of south campus delhi university.● Post-graduation dissertation titled “Relationship between parenting style, peer relationship, sibling relationship and emotional intelligence among adolescents: a correlational study” was submitted to Delhi university.
Work Experience	<ul style="list-style-type: none">● Worked as a teacher in a play school “Small Wonder Nursery School”.● Internship at NIPCCD (National Institute of public Cooperation and child development) for the period of 2 months. Worked with adolescents in assessment, diagnosis and counselling.● Contributed to the e-PG Pathshala project by UGC under NMEICT

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	<p>mission of MHRD, Govt of India as intern for the subject of psychology</p> <ul style="list-style-type: none">• Junior Psychologist (Clinical Associate) under Dr Rakhi Anand (Clinical Psychologist) in Indraprastha Apollo Hospital, Sarita Vihar (2017-2020)• Clinical Psychologist at St. Stephens Hospital, Tis Hazari Hospital (Sept 2022- Present)
Future goals	Psychotherapies and Psychological evaluations with all populations