

Ria Khurana

F-15, Suchetapuri, Modinagar, Ghaziabad -201204 (UP)

Phone: 8860137317

Email: riakhurana.y@gmail.com



Introduction

Compassionate and dedicated clinical psychology professional with robust academic training and hands-on experience in mental health settings. Skilled in psychological assessment, therapy planning, and collaborative care. Committed to promoting emotional well-being and making a meaningful difference in clients' lives.



Education

M.Phil. in Clinical Psychology

Post Graduate Institute of Behaviour and Medical Sciences, Raipur

October 2023 – August 2025 (Expected)

B.A. + M.A. (Integrated) in Clinical Psychology

Amity University, Noida

August 2018 – December 2023

CGPA: 7.46

Class 12

Modern International School, New Delhi, 2018

Class 10

Delhi Public School, Meerut, 2016



Clinical Experience

During my two years of M.Phil. Clinical Psychology training at PGIBAMS, Raipur, I managed both out-patient and in-patient cases. In OPD, I conducted clinical interviews, mental status exams, and various psychological tests for diagnosis, working closely with seniors on case formulation and treatment plans. My work included individual therapies (CBT, DBT), documentation, case presentations, and coordinating with a multidisciplinary team.

In IPD, I joined daily ward rounds, observed patient behaviour, assessed risks, and provided crisis interventions. I also led family counselling, participated in group therapy, supported rehabilitation plans, and kept clinical records. This hands-on

experience enhanced my skills in psychological assessment, intervention, and team-based care.

Internship Experience

Chandrababha Neuro, Psychiatry and De-Addiction Center, Varanasi

Internship Student | Feb 2022 – Apr 2022

- Conducted case histories and Mental Status Examinations (MSE)
- Summarized case histories for clinical team
- Gained exposure to therapy basics and patient care

Subharti Medical College, Swami Vivekanand Subharti University, Meerut

Internship Student | May 2022 – Jun 2022

- Performed case histories and MSE
- Conducted group therapy sessions
- Practiced psychological assessments (MCMI, PGI-BBD)

Moolchand Hospital, New Delhi

Internship Student | May 2020 – Jun 2020

- Assisted with case histories and MSE
- Learned and discussed psychological assessments (WISC-IV, Stanford-Binet)

MentiDoc (Tulasi Healthcare), New Delhi

Internship Student | Jan 2020 – Feb 2020

- Worked in a rehabilitation setting
- Conducted MSE and case histories
- Engaged patients through therapeutic activities

Research Experience

M.Phil. Dissertation

A Study of Emotional Intelligence and Emotional Expression as Predictors of Psychological Adjustment in School-Going Adolescents

- Explored the relationship between emotional intelligence, expression, and adjustment in adolescents
- Collected and analyzed data using SPSS

Master's Dissertation

Effect of Motivation and Self-Efficacy on Academic Achievement in College-Going Students

- Investigated the impact of motivation and self-efficacy on academic performance
- Utilized standardized tools and statistical analysis

Certifications & Workshops

**National Workshop on Application of Projective Test in Clinical Setting
conducted by PGIBAMS, Raipur**

Internship Student | April, 2024

- Gained hands-on experience in administering widely used projective tests
- Understood foundational principles for interpreting ambiguous responses
- Explored how projective tests complement other psychological assessments
- Recognized the value of projective techniques in uncovering aspects of the client's inner world

CRE Workshop on NIEPD Test (May 2025)

Administration, scoring, and interpretation of the NIEPD Test

1-Day Workshop on Rational Emotive Behavior Therapy (REBT) (May 2020)

Principles and application of REBT in clinical settings

Workshop on SPSS (June 2022)

Data analysis and interpretation for psychological research



Key Skills

- Expertise in Psychology, Mental Health, and Clinical Supervision
- Proficiency in Psychological Testing and Assessment
- Strong Interpersonal and Communication Skills
- Ability to Work Collaboratively in a Multidisciplinary Team