



MEHAK CHAUDHARY

COUNSELLING PSYCHOLOGIST

CONTACT

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EDUCATION

2021 - 2023

AMITY UNIVERSITY, NOIDA

**MASTERS OF ARTS, CLINICAL
PSYCHOLOGY**

2021

NHCA, Singapore

**DIPLOMA, RELATIONSHIP
COUNSELLING AND FAMILY
THERAPIST**

2020

**SOCIALLY SOULED
DIPLOMA, CLINICAL
HYPNOTHERAPY**

2018-2021

AMITY UNIVERSITY, NOIDA

**BACHELORES OF ARTS
(HONS), APPLIED
PSYCHOLOGY**

SKILLS

- Family Counseling
- Patient Screening
- Analytical Thinking
- Behavior Modification
- Anxiety Management
- Couples Counseling
- Group therapy facilitation
- Intervention Planning

PROFILE

Accomplished Case Manager at Autism Center for Excellence, **adept in behavior modification and analytical thinking**. Excelled in developing individualized **ABA-based treatment plans**, enhancing positive outcomes by over 30%. **Skilled in family counseling and relationship therapy**, implementing effective behavior intervention strategies, significantly improving client and family satisfaction. **Client-centered** professional polished in identifying potential disorders in clients and developing successful treatment plans and therapeutic processes. Accommodating and warm individual possessing strong observational skills and in-depth understanding of human behavior. **Offering comprehensive background conducting psychological tests, interviewing patients and monitoring patient progress.**

WORK EXPERIENCE

- **CASE MANAGER** **2023 - Present**
AUTISM CENTER FOR EXCELLENCE
 - Developed **individualized treatment plans** based on ABA principles to help clients reach goals.
 - Implemented **behavior intervention plans**, increasing positive behaviors and reduce challenging behaviors.
 - Provided **one-on-one Applied Behavior Analysis (ABA)** therapy for neurodivergent clients in clinical setting.
 - Conducted **parent training sessions** focused on teaching behavior management strategies.
 - Developed and maintained clear, **individualized documentation on each patient.**

INTERNSHIPS

- student Intern, **National Institute of Empowerment of Persons with Visual Disabilities**, Dehradun, Completed 2022
- Student Intern, **Fortis escorts**, Delhi, Completed 2022
- Student intern, **Vidyasagar Institute of Mental Health and Allied Sciences**, Completed 2021
- Student Intern, **Moolchand Khairatiram Hospital**, Completed 2021
- Student intern, **Altreus technologies**, Completed 2021
- student intern, **Mindease solutions**, Completed 2020
- student intern, **Peace solutions**, Completed, 2019

SOCIAL INITIATIVES

- Volunteer, **little seeds NGO**, Completed, 2020
- Volunteer, **Bharat Vikas parishad NGO**, Completed 2020
- volunteer, **Rotaract Club**, Completed 2019