

NAINA BHARDWAJ

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EDUCATION:

Post Graduate Institute of Behavioral and Medical Sciences, Raipur Master of Philosophy (M.Phil) in Clinical Psychology	July, 2018 First Class
Jain University, Bangalore Master of Science in Clinical Psychology	June 2013 First Class
Amity Institute of Psychology and Allied Sciences, Delhi Bachelor of Arts in Applied Psychology (Hons.)	June 2011 First Class

WORK EXPERIENCE:

- Currently working at **Safdarjung Hospital**, Delhi as a Child Psychologist for a Project (iKMC Neurodevelopment Follow up Study) by the WHO.

- **Shanti Home**, Greater Noida as a Clinical Psychologist.

Work Description: Clinical and Neuropsychological assessments and Therapy for OPD and IPD patients.

- **Post Graduate Institute of Behavioral and Medical Sciences**

. **Trainee:** August 2016- July 2018

Work Description: Clinical and Neuropsychological assessment for Psychiatric and Neurological patients. Worked in both IPD and OPD and provided individual therapy, especially Cognitive Behavior Therapy (CBT), Behavioral Therapy (BT), Family Therapy and Group therapy to children and adults with psychiatric and neurological illnesses.

- **Max Super Specialty Hospital, Vaishali**

Psychologist: March, 2016 – August, 2016

Work Description: Psychotherapeutic intervention for individuals with HIV, Cancer.

- **Leadership in Mental Health (Dr. Vikram Patel)**

Have won a scholarship by Public Health Foundation of India in 2015 (Goa).

- **Richmond Fellowship Society (VISHWAS: Rehabilitation Center), Greater Noida**

Counselor: January, 2014 – January, 2016

Job Description: Group and individual sessions for Psychiatric in-patients and family psycho-education along with full time stay at the center. Maintained detailed clinical reports for each patient.

- **Richmond Fellowship Society, Bengaluru Intern**

Work Description: Conducting group activities for psychiatric in-patients, providing relaxation therapy and Behavioral charting for in-patient.

- **St.Marthas Hospital, Bengaluru Intern**

Work Description: Taking case history and MSE, Conducting group activities for psychiatric in-patients.

- **Centre for Child and Adolescent Well Being**

Intern : October 1st 2010 April 1st 2011

Work Description- Taking Individual and Group Therapy with children.

Research Work:

M.Phil Thesis

Guide: Dr. P. N. Shukla and Mr. Manoj Kumar Pandey

Title: Association of Spiritual Coping, Autonomy and Environmental Mastery with Death Anxiety and Life Satisfaction In People Living with HIV/AIDS

Certifications

- **Level 2 Hypnosis** from the Indian Society of Clinical Hypnosis, 2011
- **TA 101 Course** from The International Transactional Association, 2011
- **Skills Sets of an Entrepreneur** conducted by Dr.Shailaja Shastri, Bangalore
- **“Pre-Marital Counseling”** done by Mrs.Pushpa Francis, Bangalore.
- **Reel Therapy Workshop** organized by Cadabams Group, Bangalore

Paper Presentation

- “Emotional Intelligence and Personality Traits in Forming Attitude Towards LGBT Among Mental Health Professionals” at Indian Association of Clinical Psychology (2018).
- Perception of Youth towards Mothers: A Qualitative Study to Explore and Sensitize Their Relationship” at The 48th National and 17th International Conference of the Indian Academy of Applied Psychology (IAAP).
- Dissertation on Substance Abuse as Defense: From the Perspective of Female Sex Workers for M.Sc. Clinical Psychology.

Languages: English, Hindi and Punjabi

Declaration-

I hereby declare that all information mentioned above is true according to my Knowledge.

