

# Bhawna Saini

Psychology Undergraduate | Delhi, India

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## Profile Summary

Passionate psychology student currently pursuing a Bachelors degree in Psychology Honors from Delhi Open University. Strong interest in the field of psychology, with practical experience gained through an internship. Dedicated to understanding human behavior and mental health.

## Education

B.A. (Hons.) in Psychology

Delhi Open University | Currently Pursuing

12th Grade (86%)

Completed from CBSE Board

10th Grade (70%)

Completed from CBSE Board

## Internship Experience

Psychology Intern

Cognizavest | Duration: 2 Months

- Gained exposure to various psychological concepts and applications.
- Learned psychological assessment techniques and counseling strategies.
- Engaged in practical case discussions and research in psychology.

## Certifications

- Clinical and Counseling Psychology Internship Certificate | Cognizavest

## Skills

- Psychological Assessment
- Counseling Techniques
- Research and Data Analysis
- Communication and Empathy

- Report Writing

## **Languages**

- English (Fluent)
- Hindi (Fluent)

## **Hobbies & Interests**

- Engaging in mental health discussions
- Writing and journaling about psychology topics