

Sweta Choudhary

Occupational Therapist
Baranagar , Kolkata - 700036
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PERSONAL INFORMATION

Date Of Birth	24/01/2000	Gender	Female
Contact No.	+91- 8335016941	Email Id	iamswetac@gmail.com
Nationality	Indian	Marital Status	Unmarried

Overview

Energetic Occupational Therapist Fresher with solid academic training and clinical experience. Proficient in occupational therapy principles, excellent communication, and compassionate patient care. Seeking entry-level position to apply skills in a dynamic healthcare setting and contribute to enhancing individuals' functional independence and well-being.

KEY COMPETENCIES

- Diverse clinical training in healthcare settings.
- Effective interpersonal and communication skills.
- Compassionate patient care with a holistic approach.
- Proficient in assessments, treatment planning, and evidence-based interventions.
- Adaptability to individual patient needs and varied environments.
- Knowledge of assistive technologies and adaptive equipment.
- Patient education for optimal independence.
- Documentation proficiency and commitment to professional development.

EDUCATION

DEGREE	SCHOOL / INSTITUTION	UNIVERSITY	YEAR	PERCENTAGE
Bachelor in Occupational Therapy	National Institute For Locomotor Disabilities (Divyangjan), Kolkata	West Bengal University of Health Sciences (WBUHS)	2018 - 2023	67%
Higher Secondary	Central Modern School	ISC	2017 - 2018	88%

Secondary	Central Modern School	ICSE	2015 - 2016	89%
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Work Experience

NAME OF THE HOSPITAL/ORGANIZATION	Ankura Hospital for Women & Children
DESIGNATION	Clinical Occupational Therapist
DURATION	03/2024 – Present
JOB PROFILE	<ul style="list-style-type: none"> Documented patient information, treatment plans, and patient responses. Counselled individuals, groups, and families to bring awareness of problems, deal with crisis situations and develop action plans. Maintained and updated patient records, changes in service plans and treatment reports.

INTERNSHIP

NAME OF THE HOSPITAL/ORGANIZATION	NATIONAL INSTITUTE FOR LOCOMOTOR DISABILITIES (DIVYANGJAN)
DESIGNATION	OT Trainee
DURATION	08/2023 – 02/2024
JOB PROFILE	<ul style="list-style-type: none"> Documented patient information, treatment plans, and patient responses. Counselled individuals, groups, and families to bring awareness of problems, deal with crisis situations and develop action plans. Maintained and updated patient records, changes in service plans and treatment reports. Guided clients in development of skills and cognitive behavioural therapy techniques. In 2 week-long internship at “The Leprosy Mission: Premananda Memorial Leprosy Hospital” and “Institute of Psychiatry”, played a key role in patient rehabilitation. I assessed leprosy and mental health cases, planned treatments, and collaborated with interdisciplinary teams. This experience honed my adaptability and communication skills, reinforcing my commitment to patient-centred care.

CASES DEALT WITH

- Paediatric cases** – Developmental delays, Sensory Processing Disorders, Autism Spectrum Disorders, Attention Deficit Hyperactivity Disorder, Visual-Motor Integration Issues
- Rehabilitation** in conditions - Burns, Hand and tendon injury, Leprosy, Cardiovascular Diseases, Pulmonary Conditions, Motor Neuron Disease.
- Mental Health and Psychiatric disorders, Geriatric care**

4. **Neurological cases** - Multiple sclerosis, Brain tumour , Head injury , CVA, Epilepsy , Cerebral palsy, Hydrocephalus, Meningitis, Transverse Myelitis, Brachial plexus injury, Poliomyelitis, Parkinson's Disease , Myopathies.
5. **Orthopaedic cases** – Cumulative trauma disorder, Perthe's disease , Spondylosis, Fracture and dislocation, Amputation, Soft tissue injuries, Rheumatoid Arthritis, Congenital and Acquired deformities, Low back pain, OA , Spinal cord injuries.

LANGUAGE SKILLS

LANGUAGE	READ	WRITE	SPEAK
ENGLISH	✓	✓	✓
HINDI	✓	✓	✓
BENGALI	✓	✓	✓

EXTRA CURRICULAR ACTIVITIES

- Attended webinar on "IMPACT OF COVID-19 ON CHILDREN WITH SPECIAL NEEDS"
- Attended webinar on "MENTAL HEALTH DURING COVID-19: DEPRESSION, ANXIETY : STEREOTYPED BEHAVIORS"
- Attended webinar on "UNDERSTANDING SENSORY DIET ACTIVITIES DURING COVID-19 PANDEMIC FOR CHILDREN WITH DISABILITY"
- Attended national workshop on "Occupational Therapy Practice and Role Of Occupational Therapist in Acute Neuro Rehabilitation".
- Secured 2nd position in "Dumb Charades" competition of "WORLD OCCUPATIONAL THERAPY DAY, 2023" event in college.
- Volunteered and organized several college events including "World Cerebral Palsy Day".
- Attended webinar on Purpose of Life organised by Personality Care Foundation, Rohtak.
- Attended workshop on "Dyslexia, Dyscalculia and Dysgraphia: An Integrated Approach "dated 4th June, 2024.
- Attended the workshop conducted by CanChild and Ummeed Child Development Centre conducted from 14th June to 20th September 2024 on 'Think Participation: Flip the Script with PREP '.
- Attended the first lecture of a webinar series scheduled on 3rd February, 2025 "To Promote, Propagate and Update With Latest Advancements in the Field of Occupational Therapy" by The Academic Council of AIOTA.