



Jude Kamil

Clinical Psychologist /
Psychotherapist

Contact

Phone

933 864 0000

E-mail

judekamil@gmail.com

Address

Coimbatore – 641049, INDIA

LinkedIn

<https://www.linkedin.com/in/judekamil/>

Skills

- Empathetic
- Compassionate Listening
- Non-Judgmental
- Personal Wellbeing
- Psychotherapy
- Behavior Analysis
- Emotional Disorders
- Emotional Stability
- Cultural Competence
- Self-Awareness
- Mental Health Treatment
- Research Skills
- DSM-V
- Leadership and Management

A Clinical Psychologist and a Psychotherapist with 6 years of experience in assessing and treating clients experiencing various emotional, mental and behavioral disorders. Committed to individualized care with solutions-oriented diagnosis empathetic client-centered approach. Accommodating and warm individual possessing strong observational skills and in-depth understanding of human behavior. Offering comprehensive background conducting successful treatment plans, therapeutic processes, psychological tests, interviewing patients and monitoring patient progress. Organized and dependable candidate successful at managing multiple priorities with a positive attitude. Willingness to take on added responsibilities to meet organizational goals.

WORK HISTORY

Mar 2017 **Clinical Psychologist / Psychotherapist**

to *iNspired Wellness Care, Coimbatore, TN. INDIA*

Current

- Provided psychotherapies incorporating cognitive-behavioral and empathetic client-centered approaches to treat wide range of psychological problems.
- Implemented variety of evidence-based counselling methods to achieve therapy goals.
- Offered perspective on effectiveness of treatments concerning conditions such as depression and anxiety.
- Offered individual outpatient therapies to more than 200 clients with wide range of psychological problems.
- Counselling individuals, groups and families to help understand problems, deal with crisis situations and develop realistic action plans.
- Assisted clients with gaining insights, establishing clear goals and planning strategies to reach personal targets.
- Offered specific advice to help clients work through educational or occupational issues.
- Administered, scored and interpreted psychosocial examinations for assessment of different patient markers.
- Compiled detailed client histories using intake forms, interviews and assessments to build complete picture for determining optimal therapeutic approaches.
- Maintained confidential records related to treatment plans.
- Trained future psychologists on best practices, counseling techniques, assessment and consultation.
- Scheduled, organized and delivered comprehensive presentations on effective treatment of depression, anxiety, anger and cognitive-behavioral skills to manage negative emotions.

Mar 2017 **Counselling Psychotherapy**

to *Anugraha Counselling Psychotherapy and Research, Dindigul, TN. INDIA*

Apr 2020

- Create and employ treatment plans.
- Assess clients and identify their problems.
- Schedule consultations to help build client relationships.
- Evaluate clients undergoing treatment and adjust wellness plans as required.
- Engage in discussions with clients and ensure they feel comfortable.
- Record client information and manage confidential files.
- Performed research on effectiveness of interventions and proposed changes to intervention structures based on evaluation outcomes.
- Established successful outreach programs to build strong working relationships with family practices, health and wellness staff members and management personnel.
- Formulated comprehensive diagnosis and treatment plans to facilitate and optimize follow-up by social workers by conducting thorough clinical interviews.
- Conducted psychological assessments to help address variety of clinical concerns and performed educational testing of intelligence and personality assessments.
- Consulted with and trained highly skilled mental health and medical staff.
- Trained two batches of future psychologists on best practices, counseling techniques, assessment and consultation.

Jan 1998 to Feb 2017	Information Technology – Leadership and Management <i>Wipro Limited, Vantiv, PNC and Others Companies, INDIA & USA</i> <ul style="list-style-type: none"> • Orchestrated smooth and efficient program development by collaborating cross-functionally across departments. • Collaborated with business leadership to set priorities based on business needs, resource capacity and risk exposure. • Established milestones and objectives based on input from functional areas and stakeholders. • Engaged and worked alongside cross-functional stakeholders to manage strategic initiatives. • Leveraged project management processes and tools to define and execute projects. • Managed multiple strategic projects with numerous sub-projects or workstreams. • Managed and supervised administrative and daily program operations, complying with policies and regulations. • Participated in vendor selection and management process for program initiatives. • Identified program obstacles and communicated possible impacts to team. • Developed and maintained logistics workflows, procedures and reports. • Provided program management expertise in lean Six Sigma strategies and agile methods, practices and execution. • Facilitated IT enterprise architecture across organization's enterprise transformation programs. • Managed infrastructure upgrades, analysis and resolution of end user hardware and software issues. • Conformed to quality, performance and inter-operability standards for implementation of solutions. • Led functional and technical support for implementation of software applications and enhancements.
----------------------------	--

EDUCATION

May 2018 – Apr 2020	M.Sc., Applied Psychology (Clinical Psychology) <i>Alagappa University, Karaikudi, TN. INDIA</i>
May 2005 – Apr 2007	Organizational Leadership and Management <i>University of Phoenix, Phoenix, AZ. USA</i>
May 2000 – Apr 2002	M.S., Applied Information Technology <i>Towson University, Towson, MD. USA</i>
May 1993 – Apr 1997	B.E., Electronics and Communication <i>Bharathiar University, Coimbatore, TN. INDIA</i>

PROFESSIONAL ACTIVITES AND PRESENTATIONS

- Practicing Counselling and Psychotherapy – Mindfulness.
- Presentation on Handhelds and Practicing Mindfulness at Kongunadu Arts and Science College.
- Vocational Lecturer at Anugraha Counselling and Psychotherapy.